

TRITE PÛTI

(Bulgaria)

This is a very typical Tracian Dance. Trace is located in the Southwestern part of Bulgaria. The name of the dance means "Three Times." Most of the dance consists of going three times in one direction and then three times in the other. This is how the name derived.

Petur Iliev learned this dance during his last trip to Bulgaria in 1992 from older dancers living near Sliven. The name of the village is Seliminovo.

PRONUNCIATION: TRI-te PÛT-i

FORMATION: Big open circle, men and women together holding hands

METER: 2/4 o o

MUSIC: *Petur Iliev Presents Bulgarski Narodni Tanci*

METER 2/4

PATTERN

Meas Count

PART I: 6 Measures

- | | | |
|---|---|-----------------------------------|
| 1 | 1 | Step R to the right, facing right |
| | 2 | 2 quick steps: L-R, facing right |
| 2 | 1 | Step L to the right, facing right |
| | 2 | 2 quick steps: R-L, facing right |
| 3 | 1 | Step R to the right |
| | 2 | Step L to the left |
| 4 | 1 | Jump with both feet together |
| | 2 | Kick L forward |
| 5 | 1 | Step back on L |
| | 2 | Step back on R |
| 6 | 1 | Jump, both feet apart |
| | 2 | Jump, bringing feet together |

Trite Pûti (cont.)

PART II: 6 Measures

- | | | |
|---|---|----------------------------------|
| 1 | 1 | Step R. facing right |
| | 2 | Hop on R. L up |
| 2 | 1 | Step L. facing left |
| | 2 | Hop on L. R up |
| 3 | 1 | 2 quick steps: R-L |
| | 2 | Step R. L up |
| 4 | 1 | Jump both feet apart |
| | 2 | Jump bringing both feet together |
| 5 | 1 | Step forward on R. L up |
| | 2 | Hop on R. Kicking L in front |
| 6 | 1 | Jump both feet apart |
| | 2 | Jump bringing both feet together |

ARMS: Swing arms back and forth throughout the entire dance.