

TRITE PÂTI (Slivenski)
(Bulgaria)

These are some typical variations from the area around Sliven in Thrace. Learned from Ivan Sismanov in Plovdiv by Francois Legault, 1976.

Pronunciation: TREE-tay PUH-tee (SLEE-ven-skee)

Record: Xopo X-332, or other moderate speed Trite Pâti. 2/4 meter.

Formation: Segregated lines of M and W; hands joined down at sides.
Face ctr. Wt on L ft.

Meas

Pattern

I. "BAVNO" (Slow)

- 1 Take two steps fwd R, L, arms are straight and start moving upwards (cts 1,2).
- 2 Repeat meas 1, arms still moving up and on ct 2 they are parallel to floor.
- 3 Step on R to R, arms push slightly upward on ct 1; close L to R, arms swing down and slightly bkwd (ct 2).
- 4 Reverse ftwk of meas 3. Arms swing fwd on ct 1 and bkwd on ct 2.
- 5-6 Beg R, move bkwd 4 steps. Arm movement as in meas 1-2.
- 7-8 Repeat meas 3-4.

II. "PLETI" (Chorus step) "crossing"

- 1 Hop on L ft, simultaneously raising arms up and fwd (ct 1); step on R, arms start going down (ct &); cross L in front of R, arms move bkwd (ct 2); step onto R ft in place, arms start moving fwd and up (ct &).
- 2 Repeat meas 1 with opp ftwk.
- 3-8 Repeat meas 1-2 three times.

III. "FRLI" (Kicking)

- 1 Leap fwd onto R ft, simultaneously stretching L leg bkwd with L ft touching floor (ct 1); hop on R ft, raising L from behind and bringing L leg slightly to L side (ct 2).
- 2 Hop again on R ft bringing L leg up in front of R (ct 1); leap onto L in front of R, raising R ft up behind (ct 2).
- 3 Hop on L ft bringing R leg up fwd, knee bent (ct 1); leap onto R bringing L leg up behind (ct 2).
- 4 Leap onto both with ft apart (ct 1); close ft together (ct 2).
- 5-8 Repeat meas 1-4.

Arms: Swing throughout Fig III - fwd on ct 1, back on ct 2.

IV. "TUPAJ" (Touch fwd)

- 1 Hop on L ft, facing ctr, arch body bkwd (ct 1); step fwd on R (ct &); close L to R (ct 2); step fwd on R, body still arched back (ct &).
- 2 Close L to R (ct 1); step fwd on R (ct &); cross L in front of R, bending body fwd (ct 2); step on R in place, body straight (ct &).
- 3 Two slightly "reeling" hop-steps bkwd, beg with R (cts 1,&,2,&).
- 4 One "reeling" hop step bkwd (ct 1,&); two small steps in place, R-L (ct 2,&).

Arms: swing fwd on ct 1, bkwd on ct 2 throughout.

TRITE PATI (Slivenski) (continued)V. "NABI" (Stamping fwd)

- 1 Hop on L (ct 1); stamp with R slightly fwd, no wt (ct &); step fwd on R (ct 2); stamp fwd with L, no wt (ct &).
 2 Step fwd on L (ct 1); stamp fwd with R, no wt (ct &); step fwd on R (ct 2); stamp fwd with L, no wt (ct &).
 3 Hop on R, turning to face slightly L (ct 1); small step on L, still facing L (ct &); close R sharply to L, displacing L to L (ct 2); step on L (ct &).
 4 Close R sharply to L, displacing L to L (ct 1); step on L (ct &); repeat for cts 2,&).
 Arms: same movements as in Fig. IV.

VI. "TUPAJ DOLU" (Touch fwd and squat)

- 1-3 Repeat Fig. IV, meas 1-3 ("TUPAJ").
 4 Leap onto L kicking R ft across L (ct 1); leap onto R kicking L ft across R (ct 2).
 5 Leap onto L kicking R ft across L (ct 1); squat down sharply onto both ft (ct 2).
 6-7 Repeat meas 4-5.
 8 Leap up in air (ct 1); land on both ft (ct 2).
 9-16 Repeat meas 1-8.
 Arms: 1-3 same as Fig. IV, meas 1-3.
 4 fwd (ct 1); bkwd (ct 2).
 5 fwd and up (ct 1); "W" pos (ct 2).
 6 up a little, fwd and down (ct 1); bkwd (ct 2).
 7 fwd and up (ct 1); "W" pos (ct 2).
 8 straight up (ct 1); "W" pos (ct 2).

NOTE: BAVNO two times and PLETI once should be done between each Fig.

Suggested Sequence:

- 8 meas - Introduction, no action
 16 meas - Figure I, two times
 8 meas - Figure II
 16 meas - Figure III, two times
 24 meas - Figure I and Figure II
 16 meas - Figure IV, four times
 24 meas - Figure I and Figure II
 16 meas - Figure V, four times
 24 meas - Figure I and Figure II
 16 meas - Figure VI

Presented by Yves Moreau