

TRITE PŪTI
(Thrace)

Source: Learned by David Shochat from Pavel Stojkov Kalpakliev, from Selo Strandža, 1968.

Time: 2/4

Record: AMAN - 103

Position: Either mixed line of men and women, hands joined in W position, or two lines, one of men in shoulder hold, and one of women in hand hold.

Note: Part I is performed traditionally by both men and women. Part II is performed by men only. Therefore, if a mixed line is dancing, only the first part may be danced.

Measure: Part I

1-2 Moving Rt. and facing slightly Rt., lift off L. onto R. (ct.a-1). Repeat with opposite ftwk. (ct.uh-2). Repeat measure 1.

3-4 Facing center, bring R. to L. and bend knees into a half-squat (ct.1). Hop on R., lifting L. to front (ct.2). Repeat with opposite ftwk.

5 As measure 3, but raised ft. (L.) is raised twd. Lft. in preparation for measure 6.

6 Moving Lft. and facing slightly Lft., lift off R. onto L. (ct.uh-1). Repeat with opposite ftwk. (ct.a-2).

7 Facing center, bring R. to L. and bend knees into a half-squat (ct.1). Hop on L., lifting R. to front (ct.2).

N.B. Arms swing back on ct.1 and fwd. on ct.2 of each measure.

Part II

1-7 As Part I, but full squats occur in measures 3,4,5 and 7 where half-squats were in Part I.