

TRITE PÂTI from SLIVEN

Сливенски Трите Пъти

(Trakia - Bulgaria)

Trite Pâti is a very popular type of dance in Eastern Thrace and Strandža regions. The variations described here is one of many popular ones from the region of Sliven.

Music: Yves Moreau CD

Rhythm: 2/4

Formation: Short lines. Hands in "W" pos. . Face LOD, wt on L

Style: Earthy feeling. Proud. Sharp movements

Meter 2/4

Pattern

1-8 Intro. No action.

1. Basic pattern

- 1 Hop on L (ah) step on R (1) hop on R (ah) step on L (2)
- 2 hop on L (ah) step on R (1) quick step on L in front of R (ah) quick step on R ft (2)
- 3-4 Repeat motions of meas 1-2, but moving bkwns (facing RLOD)
Note: During meas 1-8, arms swing back (uneven cts) and fwd (even cts) Facing ctr,
- 5 Step slightly fwd on R (ah) raise arms diag. fwd (1) close L next to R (ah) bend arms in W pos (2)
- 6 Same footwork as in meas 5 but with arms swinging up
- 7 Facing ctr, hop on L , arms swing fwd (ah) step on R, arms start to swing back (1)
Cross L in behind R, arms start to swing fwd (ah) step on R in place, arms start to swing back (2)
- 8 Repeat pattern of meas 7 with reverse direction, ftwork and armwork.

2. Stamp & slide to left

- 1 Facing ctr, step on R to R, turning body to face R (1) step on L next to R (2)
- 2 With body still facing R, step out to R onto R ft (1) stamp on L next to R, no wt (2)
- 3-4 With body facing ctr, do four «chassé» steps to L, during which arms swing bkwd and fwd
- 5-8 Repeat pattern of meas 5-8, Fig. 1

Note: Leader «calls» change of figure at will.

Presented by Yves Moreau

Description © Yves Moreau