

Troika

See also
100 ft
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Formation: Sets of three dancers side by side, all facing CCW and holding inside hands. Sets may be composed of either one man and two ladies, or vice versa, or all men, or all ladies.

Part I

All run lightly fwd 16 steps. Be careful not to turn this into a goos-kick sort of step. Dancers should take light, long running steps just skimming the floor as they swiftly flow over it.

Angle out
4, in 4

Part II

Keep inside hands joined. Dancer on the R now goes under the arch formed by the joined hands of the other two. Use 8 running steps and return to original position. (Note middle person follows the one going through arch, otherwise the figure will not work.) Now the L hand dancer goes under the arch formed by other two with 8 running steps and return to original position.

Part III

All immediately join hands in a circle of three. All run lightly to the L 12 running steps. Stamp 3 times alternating feet. Now run to the R 12 steps and as you do so open up at the end into a straight line, facing the same way you started the dance. Stamp 3 times.

Repeat dance from beginning

To make the dance progressive, the center person moves forward to join the two new people ahead on each repeat.

Note: The dance should never be done 8 steps forward and 8 backwards. It just becomes a mad shambles of people piled up if this is done. It is unfortunate that this version as well as the kicking step version done as hors-plan has caused the dance to lose in popularity in some areas. Do the dance as described, Russian style and see how people enjoy it. This dance is extremely popular with teenagers.