

TROIKA

(Russian)

Troika means "three horses". The dance symbolizes three horses which traditionally drew sleighs for the Russian noble families.

MUSIC: Record: Folk Dancer, MH 1059; Folkraft 1170; World of Fun M 105

FORMATION: Set of three, boy between two girls, facing line of direction, inside hands joined, outside hands on hip.

STEPS: Run NOTE: Directions are same for boy and girl.

MUSIC: 4/8 meter

Measures

I. RUN FORWARD

1-4 Beginning right, take sixteen running steps in line of direction. The first four runs may be done diagonally right, second four, diagonally left, and last eight, straight forward

II. ARCH

5-6 Right hand girl moves under arch made by raised arms of boy and left hand girl with eight running steps. Boy runs in place and follows right hand girl turning under his left arm. Left hand girl runs in place.

7-8 Left hand girl moves under arch made by raised arms of boy and right hand girl with eight running steps. Boy runs in place and follows left hand girl, turning under his right arm. Right hand girl runs in place.

III. CIRCLE

9-11 Set of three join hands in circle and run twelve steps clockwise.

12 Stamp left, right, left, hold.

13-16 Repeat action of measures 9-12, moving counterclockwise.

MIXER: The boy may move forward to the next group of three as the stamps are taken in the last figure.