

1979 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

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TROJAK
Czechoslovakia

This dance is from Northeast Bohemia, and is for 3 people (Trojak), 2 women and 1 man. Women have kerchiefs in inside hands.

RECORD: DDGU, Denmark

FORMATION: 2 W 1 M (W-M-W). W inside hands have kerchiefs in hands are are joined with M hand and held low. W outside han on hip with fingers fwd.

M Starts R, W L.

METER: 3/4

PATTERN

Meas.

INTRODUCTION:

FIG. I:

- A 1 Slow waltz step: step (long), step (short), close.
Doing 1 "slow waltz step" fwd, M L arm swings fwd and R back so that he faces R W (face to face).
2 Reverse meas 1, M faces L W.
3-8 Repeat meas 1-2, 3 more times (4 in all).
- B 1-2 M dance in place and make a R arm arch. L W goes under arch and M turns under own arm.
3-4 Reverse meas 1-2, R W goes under arch.
5-16 Repeat meas 1-4, 3 more times (4 in all).
- C 1-4 All moving fwd with inside arms fwd, do 3 polks steps and close (M start R, W L).
5-8 Repeat meas 1-4, except start with opp ftwk.
9-16 Repeat Fig. I-B, meas 1-4, twice (arches).

FIG. II:

- A 1-2 Repeat Fig. I-A, meas 1-2 (M faces R W then L W).
3 R W turns CW under raised joined hands.
4 Reverse meas 3, L W turns under.
5-16 Repeat meas 1-4, twice more (3 in all).
- B (Wide + close arches, both W more)
1-4 L W passes outside, while R W passes inside; simultaneously M turns around himself with 3 polka steps + 3 stamps in place (group has reversed its position).
5-8 Repeat meas 1-4, with R W passing inside and L W outside (end in orig pos).
9-16 Repeat meas 1-8.

FIG. III:

- A (Wrapping in and out)
1-2 Balance R fwd, L bkwd (arms swing).
3 R hand W turns into M, while M step R to R, close L to R.
4 L hand W turns into M, while M steps L to L, close R to L.
5-6 Repeat meas 1-2.
7 R hand W turns out (unwinds), ftwk as in meas 3.
8 L " " " " " " " " 4.
- B 1-16 Arches as Fig. II-B. M kneel on L knee (kerchiefs will stay free). M starts on last ct of previous meas, and watches inside and outside patterns of W and claps as W go around M. W polka their patterns without holding M hand and also without kerchief.
- C 1-8 M in closed social dance pos with R hand W, polkas around L W who turns CW with polka steps in place and swings kerchief high. On meas 8 M releases R hand W.
9-16 M repeats meas 1-8 with L hand W.
17-18 Coda: M holds both hercheifs of both W who turn in twd him.