

Tropanka

(Dryanovo - Thrace, Bulgaria)

Source: I first saw, and filmed, this dance at the 1981 Koprivshitsa, Bulgaria Folk Festival.
Most recently Iliana Bozhanova has presented this dance during her recent teaching tour.

Pronunciation: **Troh**-pahn-ka

Formation: Mixed circle of men and women, facing center, hands joined at sides. Dance progresses slightly to the right.

Rhythm: 2/4

Record: IBLD #7 "To Bulgarian Folklore with Love" - Iliana Bozhanova & Lyuben Dossev
Statewide 2002 – Gold Country Festival CD

Meas.	Ct.	Note - it takes 11 measures to complete the dance sequence
1	1	Step sdwrds to R onto RF. (Swing arms backwards)
	2	Hop in place on RF, swinging free LF slight fwd and in front to R. (Swing arms fwd)
2		Repeat pattern Meas 1, this Figure, but with opposite footwork. (Swing arms as in Meas 1)
3		Repeat pattern Meas 1. (Swing arms as in Meas 1)
4	1	Turning Left to face CW, leap fwd, CW onto LF. (Swing arms up into "W" position)
	2	Jump slight fwd, CW landing heavily onto both feet. (Keep arms in "W" position)
5	1	Continuing CW, leap fwd onto RF. (Keep arms in "W" position)
	2	Continuing CW, leap fwd onto LF. (Keep arms in "W" position)
6	1	Continuing CW, jump fwd and landing heavily on both feet. (Keep arms in "W" position)
	2	Continuing CW, leap fwd onto RF. (Keep arms in "W" position)
7	1	Continuing CW, leap fwd onto LF. (Keep arms in "W" position)
	2	Jump slight fwd, CW landing heavily onto both feet. (Keep arms in "W" position)
8	1	Turning to face center, leap onto RF crossing it in front of LF. (Swing arms down)
	2	Step back into place onto LF. (Swing arms back up into "W" position)
9	1	Turning to R to face CCW, Step fwd (CCW) onto RF. (Keep arms in "W" position)
	2	Hop on RF. (Keep arms in W position)
10	1	Continuing CCW, step fwd onto LF. (Keep arms in "W" position)
	2	Hop on LF, turning to face center. (Keep arms in "W" position)
11	1	Facing center, step sideways to R onto RF. (Begin to swing arms down to sides)
	2	Step onto LF behind RF. (Arms are now down at sides)

Presented by Larry Weiner
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