

1976 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Ron Wixman

TROPANKA
Dobrudzha, Bulgaria

Learned from Zdravko Ivanov

RECORD: FOLK DANCER 1020 BALKAN ARTS (Ruka)

FORMATION: Single circle, all hands joined at shoulder level; face slightly to R to begin. No partners required.

MUSIC: 2/4 PATTERN

FIGURE I

Beginning with R ft, take 5 quick light running steps to R, then stamp twice with L ft in front of R ft, toe pointing twd L, wt on whole ft. Beginning L, take 5 quick running steps to L and stamp R ft twice in the same manner
Repeat Figure 1

FIGURE II: Face center

Step on R ft, hop on R ft, lifting L ft with knee well turned out and toe pointing upward. Step on L ft, hop on L ft, lifting R ft in same manner. Step on R ft, in front of L, and stamp twice with L ft, toe pointing twd L.
Repeat the step-hops and stamps, starting with L ft
Repeat all of Figure II.

FIGURE III

Repeat the action of Figure II, moving twd ctr of circle on 1st meas, and raising joined hands gradually upward. Stamp ft without crossing over. Move mwd to place lowering the joined hands with the same action starting L ft. Repeat.

On the stamps in Figure III, dancers may shout "Hey! Hey!" or "Ho! Ho!".

Repeat the dance from the beginning.