

TRUSA
(Bosnia, Yugoslavia)

SOURCE: Learned by Elsie Dunin from Jelena Dopuda at a seminar on Dinaric Mountain Dances in Yugoslavia, 1967. This is a "silent dance". (no vocal or instrumental music accompanies the dance)

FORMATION: Open circle, with leader on R end. Joined hands are held down at sides. Each fig is repeated until the leader changes to a new fig in any order. Style note: Steps are large and wide, and all movements are performed heavily and deliberately.

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PATTERN

etc

FIG. I

- 1 Facing slightly to R in LOD, leap R fwd.
- 2 Leap on L fwd.
- 3 Leap R fwd.
- 4 Hop on R, swinging L leg fwd diag to R.
- 5 Facing ctr, leap L to L side.
- 6 Hop on L, swinging R fwd diag to L.

FIG. II

- 1-2 Repeat Fig. 1, etc 1-2.
- 3 Leap onto both ft, traveling to R.
- 4 Jump on both ft in place
- 5 Jump on both ft facing diag L of ctr.
- 6 Jump in place.

} Jumps are
flat-footed.

FIG. III

- 1-2 Repeat Fig. 1, etc 1-2.
- 3 Leap fwd onto R ft.
- 4 Step L ft to R ft.
- 4 Step R ft in place next to L ft.
- 5 Turning to face diag L, leap onto L ft in place.
- 4 Step R ft in place next to L ft.
- 6 Step L ft in place.

} Steps are
flat-footed.