

LYRICS:

LE KA LE, LEMONAKI MYROTHATO
 LEMONAKI MYROTHATO KI' APO
 PERIVOLI AFFRATTO
 MI KA LE, MI PARAMYRIZIS TOSO
 MI PARAMYRIZIS TOSO KE ME KANIS
 KE NYHTOSO
 KI' AN KA LE, KI' ANYHTOSIS
 PALLIKARI
 KI' AN NYHTOSIS PALLIKARI KATSE
 N'AVYI TO FEGGARI
 NA KA LE, NA SE ITHO NA SOU
 MILISO
 NA SE ITHO NA SOU MILISO KE NA
 SE GLYKOFILISSO.

* * * * *

Lemon blossom fair from a garden rare
 hide your petals bright, lest I linger all
 the night
 Why not linger all the night? The moon
 shines on the sky
 let me see and speak with you, and
 sweetly let me kiss you.



5. NIZAMIKOS

Formation: An open circle men and women with
 joined hands which are raised to
 shoulder height.

Measure: Fig. (A)

- 1 Step R ft across in front of L to L,
 (count 1), and step (1, 2) R, L in
 place traveling slightly to RLOD; 3
 steps with feet in same position R to
 R, L ft behind R, and R to R (all
 small steps)
- 2 Hop on R ft, swing L ft in air in front
 of R
 step on L ft crossing front of R,
 leaving R ft free
- 3 Repeat meas. (2)
- 4 Repeat meas. (2)

REPEAT SEQUENCE FROM THE BEGINNING

Fig. (B)

- 1 Same as (A)
- 2 Same as (A), but instead of traveling,
 hop and cross ft in front
- 3 the same step except hop and cross L
 ft in back
- 4 same as (3) except cross ft in front.

6. TSIRIGOTIKOS

Formation: Arms on shoulders, all dancers do
 similar step, except leader who
 may leap and slap back of L ft.
 Body sways to L or R following
 direction of swinging leg.

Measure: Fig. (A)

- 1 ct 1, step R ft to R; ct 2 step L ft
 to R
- 2 ct 3, step R ft to R; ct 4 step L ft
 to R
- 3 ct 5, step R ft to R; ct 6 swing L ft
 up in front of R
- 4 ct 7, step L ft to L; ct 8 swing R ft
 up in front of L

Fig. (B)

- 1 & 2 same as (A)
- 3 jump to R onto R ft (ct 5)
 leap to L onto L ft bringing R to L
 (ct 6)
- 4 leap L sideward onto L ft (ct 7)
 Raise R leg in front of L leg (ct 8)

Fig. (C)

- 1 & 2 same as (A)
- 3 leap to R onto R ft, covering a little
 distance, men may simultaneously
 slap L ft in back with R hand (count 5)
 hold (count 6)
- 4 step to L with L (count 7)
 brush and raise slightly R ft front
 (ct 8)

Fig. (D)

A Leaders' Variation

- 1 & 2 deep knee bend with both feet together (ct 1)
raise with R ft to side and slap R heel with hand (ct 2)
Stepping onto R ft in place-Kick L leg up in front (straight leg) and simultaneously clap hands (ct 3)
L leg comes down and R leg is kicked high up in front, slapping inside of instep with R hand, (ct 4).
- 3 & 4 Repeat meas 1 & 2.



7. POGONISSIOS

formation: An open circle, hands held at shoulder height. Danced with or without partners in line. The dance can be continued in the line or done in couples when the music livens. Rhythm is like a syrto-counted S QQ.

Measure: Fig. (A) Vocal

- 1 Moving in LOD step L ft across in front of R (S),
Step R ft to side (Q)
Step to R with L (Q)
- 2 Big step to R with R ft (S)
step with L ft crossing behind R ft bending both knees slightly (Q)
step R ft to R (Q).
- 3-6 REPEAT MEAS. 1 & 2
THREE TIMES IN LOD: ON 6th MEAS. end by closing L ft to R (Q)
- 7-12 REPEAT MEAS 1 TO 6 WITH
OPPOSITE FOOTWORK AND
MOVING IN RLOD

Fig. (B) Instrumental - tempo quickens

- 1 hop and step fwd on R ft to ctr (S), cross L ft in front of R, raising R ft slightly (Q), step R ft in place (Q)

- 2 hop and step bwd on L ft, cross R ft in back of L raising L ft (Q), step L ft in place (Q)-- -- (this can also be done turning CW)
- 3 hop and step to R with R ft (S), cross L ft front of R (Q), step R ft in place (Q)
- 4 hop and step L ft to L, cross R ft front, step L ft in place (SQQ)

REPEAT MEASURES 1-4 of (B)

Variations:

- a) Men on very first step of first meas. bend both knees as L leg is crossed, knee of trailing leg almost touching grnd.
- b) Men on 2nd meas. - when L ft crosses behind R immediately do a high kick with R leg to R followed by higher kick with L leg swinging across R, dropping into deep knee bend.

LYRICS:

VASILIKOS THA YINO STO PARATHYRI SOU

* MORE " " "

KI'ANYPANTROS THA MINO YIA TO HATYRI SOU --- MORE

EVGA STO PARATHYRI KRIF' AP TIN MANNA SOU --- MORE

KE KANE POS POTIZIS TIN MANTZOURANA SOU --- MORE

TESSERA PORTOKALIA TA THYO SAPISSANE MORE

IRTHA YIA NA SE PARO KE THEN M'AFISSANE MORE

* (Note) Repeat underlined after each MORE

I will become sweet basil by your window
and I will remain unmarried for your favor
Come to the window secretly from your mother
and pretend to be watering your flowers
Four oranges I had, the two are spoiled
I came to take you away, but they wouldn't let me.

8. PILALITOS

Formation: Men and women holding hands in a basket weave, Right over left and the slow part of the dance is done to the left.

Measure: Fig. (A)

- 1 step L ft to L; step R ft across in front of L
- 2 step L ft to L; cross R ft front of L and step
- 3 step L ft to L; swing R ft front of L and raise slightly