

TSUGARU BON UTA

Tsugaru Bon Uta is a dance from Aomori Prefecture. It was taught at Stockton Folk Dance Camp by Iwao Tamaoki in 1996.

Formation: single circle of dancers, facing CW

Introduction: start with singing

Pattern:

- meas. 1 step forward on L ft, hands down at sides (ct 1), touch R ft beside L, L arm coming up to shoulder level, palm down (ct 2), step forward on R ft, hands down at sides (ct 3), touch L ft beside R, R arm coming up to shoulder level, palm down (ct 4)
- meas. 2 step forward on L ft, turning to face center (ct 1), touch R ft beside L, L arm coming up to shoulder level, palm down (ct 2), step forward to center on R ft, hands down at sides (ct 3), touch L ft beside R, both arms coming up to shoulder level, palms down (ct 4)
- meas. 3 step diagonally forward on L ft, arms down and slightly out away from body (ct 1), swing R ft across L, clapping hands at head level (ct 2), step diagonally backward on R ft, arms swinging down and slightly out (ct 3), swing L ft across R, clapping hands at head level (ct 4)

Repeat dance from beginning, turning to L with arms down at sides