

TÂKANATA

Тъканата
(Northeast Bulgaria)

Dance from the village of Bjala Reka near Veliko Târnovo. Observed at Koprivštica Festival, 1971

Pronunciation: Tuh-KAH-nah-tah
Music: Yves Moreau CD
Rhythm: 2/4
Formation: Short mixed lines. Hands joined down at sides or belt hold.
Face ctr. Wt on L ft.
Style: Light and happy

Meter 2/4

Pattern

1-8 Instrumental music. No action.

1. Side or rest step

- 1 Step on R to R (1) step on L behind R with marked flexion (2)
- 2 Step on R to R (1) close L to R (2)
- 3 Step on L to L (1) close R to L (2)
- 4 Repeat pattern of meas 3

2. Forward and back

- 1 Starting with R ft and moving twds ctr, do a "two-step" starting with R ft (1&2)
- 2 Do another "two-step" starting with L ft (1&2)
- 3 Sharp jump onto both ft tog (1) hop on R ft, lifting and twisting L knee across R (2)
- 4 Hop on R ft straightening body (1) step back on L ft (&) step back on R ft (2)
- 5 Still moving back, do three steps, L-R-L, ending with R ft "flicking" out to R (1&2)
- 6 Sharply close (click) R ft to L ft (1) release wt sharply onto L ft., "flicking" R ft out to R (2)
- 7 Repeat action of meas 6
- 8 Step on R ft slightly across L (1) step onto L ft in place (&) step slightly back onto R ft (2) step onto L ft in place (&)
- 9 Step on R ft slightly across L (1) step onto L ft in place (&) step slightly back onto R ft (2) step on L slightly **across R ft** (&)
- 10 Step onto R ft in place (1) step on L next to R (&) step on R slightly across L (2) step on L ft in place (&)
- 11 Light jump onto both feet (1) hop onto R, simultaneously kicking L ft fwd and down (2)
- 12 Repeat pattern of meas 11 with opp footwork.

Note: Leader calls changes of figures at will.

Dance repeats from beginning
Description © by Yves Moreau