

Tylette Polka

(Stevning [Sønderjylland], Denmark)

This dance is from Stevning in the Sønderjylland region of Denmark.

Pronunciation: too-LEHT POHL-kah Translation: Toilette Polka

Music: 2/4 meter *Liflig Sang CD 1, Track # 4*

Formation: Any number of couples facing each other without handhold on the circle, man facing out, woman facing in.

Steps & Styling: Step-hop, Chassez, Two-Step, Polka.

Meas 2/4 meter

Pattern



INTRODUCTION. No action.

I. STEP-HOPS; SIDE-TO-SIDE.

1-4 4 Step-hops in place, both starting with R. The free leg swings across in front and back to place.

5 Both Chassez (step-close-step-pause) to R (M CW, W CCW).

6 Cross L in front of R and lift and lower the heels once.

7-8 Repeat meas 5-6 with opp ftwk and direction.

II. CHANGE PLACES; SIDE TO SIDE.

1-2 Ptrs take R hands and change places with one Two-Step and dance 2 Step-hops in opp place.

3-4 Repeat meas 1-2 back to place.

5-8 Repeat Fig I, meas 5-8.

III. POLKA.

1-8 In Ballroom pos, Polka rotating with ptr CW while traveling CCW along the circle.

Repeat dance from the beginning until music ends.

Presented by Wolfgang Schlüter

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