

TSLIL ZUGIM (Shepherd Dance)

Dance: Meir Ovadya
Music: Zamir

Formation: Circle, face center of circle, all join hands.

PART ONE

1-4 : Yem R
5-8 : Yem L
9-11 : Yem R
12 : L to left side
13 : R crosses in front of L
14-15 : Repeat 12-13
16 : Hold
17-32 : Reverse 1-16, start L
33-64 : Repeat 1-32

PART TWO

1-5 : Release hands. Five steps bwd
RLRLR, bend down and clap on
each step
6 : Leap fwd L, raise hands and
snap fingers
7 : Run fwd R
8-9 : Repeat 6-7
10 : Leap fwd L, snap fingers
11-40: Repeat 1-10 three more times.

Side One - 3

LAMNATSEACH (To the Victor)

Dance: Yaacov Levy
Music: Seltzer

Formation: Couples in circle, face CCW, girl in front of man.
All join hands at shoulder level. Same foot for both.

PART ONE

1-2 : Step-bend R fwd
3-4 : Step-bend L fwd
5 : R fwd
6 : L fwd
7 : R fwd
8 : Hold
9-16 : Repeat 1-16, start L
17-32 : Repeat 1-16
33-40 : 4 step-bend fwd RLRL, clap after each step. On last
step girl 1/2 turn to left side, partners face each
other.

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