

Vehaya K'Etz Shatul

(Israel)

This dance is a reflection of the spirit of joyousness with which the children of Israel plant trees on Tu B'Shvat, Arbor Day.

Formation: Couples in a circle, men on the inside facing out, ladies on the outside facing in. Partners touch palms of R hands shoulder high. (L hand held same height.)

Part I

- 1 Turning $\frac{1}{4}$ turn to the L each one takes 2 running steps fwd (L, R). Then jump on both feet and hop on the L foot, turning $\frac{1}{2}$ turn to the R on the hop and changing to hold L hands.
- 2 Each one takes 2 running steps fwd with the L palms touching, (R, L). Then jump on both feet and hop on the R foot, turning $\frac{1}{2}$ turn to the L on the hop and changing to hold R hands.
Repeat Part I, 1-2.

Part II

- 1 Each one does a small debka jump with deep knee-bend (on both feet) toes turned diagonally L, R palms touching; then debka jump with toes turned diagonally R and L palms touching.
- 2 Each one makes a complete turn in place in 4 steps. On the first count each one claps his own hands and bends slightly in the direction in which he is turning.
Repeat Part II, 1-2. On the last 3 counts of repeat of # 2, man moves to the L to become the partner of the lady of the next couple.
Start from the beginning with new partner.