VALSE IRRÉGULIÈRE

(France)

There are many irregular count couple dances in Alsace, eastern France, including waltzes in 5, 8 and 11. The following waltz is in both 5/4 and 3/4. This dance, known by several different names, was learned in France in 1982.

CASSETTE: Bal Folk En Californie by Le Soleil Side A/2 "Valse Irrégulière"

FORMATION: Couples in closed social dance pos around the rooom

STEPS and STYLING: Waltz is done with small steps, turning smoothly and continuously, rather flat and gliding.

I. WALTZ IN 5 TIME (5/4)

Α

7-8 (2/4)

9-16

Men: Starting with L ft and turning CW, step on \overline{X} , R (cts 1,2); continue turn stepping L, R, L (cts 3,4,5). There is a slight accent on cts 1 & 3. Meas 1 is approximately 1/2 turn CW

- Repeat meas 1 with opp ftwk, continuing to turn CW, completing approx. 1/2 turn.
- 3-9 Repeat meas 1-2, three more times

Women: Dance meas 1-8 with opp ftwk, starting with R ft

Note: M and W may do slight preparatory lift before ct 1 of meas 1 (ct &) on supporting foot (M's R ft, W's L ft).

II. WALTZ IN 5/4 and 3/4

B 1-4 (5/4) Repeat meas 1-4 of PART I

5-6 (3/4) Couple dances 2 waltz steps in 3/4 time, completing 1 full turn CW

Men: Dance 2 pivot steps, stepping L, R (cts 1,2), turning CW and completing approximately 1/2 turn.

Women: Do same with opp ftwk.

Repeat meas 1-8 of PART II.

Repeat entire dance from beginning.