

LATVIAN WALTZ MIXER - LATVIA

Monitor MXD 900, B, 6 3/4 waltz
Couples in single circle, H's joined.

- INTRO: 4 Meas. Begin ML, WR throughout
- I. Balance IN, OUT; M balance OUT and IN, leading LH W across to MR side (2 waltzes). Do Part I 4 times, total.
 - II. With new partner, RH's joined, M waltz forward as W turn CW 8 waltzes (W, 4 turns).
 - III. Ballroom position (or shoulder-waist) 8 turning waltzes moving fwd in LOD.

LESNOTO ORO - MACEDONIA, YUGOSLAVIA

Festival FR 4017 (Zalna Majka - slow) 7/8 (S,QQ or 1,2,3)
or Folk Dancer MH 45-3037 (speeds up quite fast)

- I. Basic Step
Step SR to R; lift L (M high lift, W very slight) in front, knee bent (Q), step QLXIF.
 - II. Step SR to R, lift L and bounce twice on RF (Q,Q).
 - III. Step SL to L, lift R and bounce twice on LF (Q,Q).
- Because of difference in styling, it is often danced with all M at R of line, arms on shoulders, and W at L end, H's joined at shoulder level.

LIRPPU LARPPU - FINNISH

Suomen Nuorison Liitto, A, 1 (LP or 45) 2/4, 3/4 (S,S,S)
Couples facing, M inside, W outside, hands at sides.

- INTRO: 2 Meas.
- I. Step L, lift R (knee bent). Do step-lift 4 times, both beginning L.
 - II. Karkelo: Walk fwd L,R,L (dip) to put L shoulders together; step back R; move CW around ptr, changing places with 4 steps (L,R,L,R). End M outside, W inside.
REPEAT Karkelo, back to place. At end take "cross-back" pos with R hips together.
 - III. Polska (3/4): Step L, close R, step L, leap R (pick up L in back), in QSS or 1,&,1,2 rhythm. Each step starts L.
Do 6 polska steps turning CW in place with ptr; run L,R,L, to face ptr, clap (ct 1, meas 8). End M outside, W inside.
Take "cross-back" pos, L hips together. 6 polska steps starting with RF and turning CCW, run R,L,R; clap. End M on inside again. Release H's for repeat of whole dance.

LUCKY SEVEN - ENGLISH

HMV-7EG8718, B, 1 (45) or EFDSS BR-3, B, 2 (LP) or any good English jig or reel. Couples in single circle, H's joined.

- I. Walk IN 4 steps, OUT 4 steps; REPEAT.
- II. Grand R&L to the 7th person (count ptr as #1).
- III. Swing new ptr 8 meas. Open to circle for REPEAT.