

VALE d'YVERDON

(Switzerland)

Valse d'Yverdon (vahls dee-ver-DOHN) comes from the western part of Switzerland near the French border. This fact is reflected in the use of French titles for the various figures. The dance was introduced by Carmen Irminger at the University of the Pacific Folk Dance Camp, 1970.

MUSIC: Records: Columbia SEVZ 561, EMI 3E 016-33517

FORMATION: Cpls in a single circle, W to R of M, facing slightly to L (RLOD). Hands are joined and held at shoulder height.

STEPS and Waltz Step: Step fwd L (ct 1); step fwd R (ct 2); step L next to R (ct 3). Next step
STYLING: starts on R ft. Waltz step is relaxed with a natural lilt.

MUSIC 3/4

PATTERN

Measures

4 meas INTRODUCTION

I. CERCLE

A 1-9 Moving in RLOD, dance 9 waltz steps beginning L ft.

10 Dance 1 waltz step bkwd. On ct 3 turn CW to almost face LOD.

11-14 Dance 4 waltz steps moving in LOD.

15-16 Release hands. M dance 2 waltz steps in place with hands on hips, fingers fwd. On meas 16, ct 3, M put no wt on R ft. W, holding skirts, dance 1 waltz step twd ctr and turn CCW to face ptr on 1 waltz step.

II. CERCLE DES FILLES ET PIROUETTES DES GARCONS

B 1-8 M: With hands on hips, dance 4 waltz steps bkwd away from ctr, beginning R. Making 2 turns CW, dance 4 waltz steps twd ctr of circle. On ct 3 of meas 8 put no wt on L ft. If desired this ft change may be delayed until ct 3 of meas 16.

W: Facing out, join hands, shoulder height, in a circle. Beginning L, dance 8 waltz steps in LOD.

9-15 M: Making 2 turns CCW, dance 4 waltz steps away from ctr. Without turning, dance 3 waltz steps fwd twd ctr.

W: Dance 7 waltz steps in RLOD. Release hands.

16 With 1 waltz step pass ptr by R shoulders. On ct 3 W put no wt on R ft. W end with backs to ctr holding skirts. M turn CW on last step (ct 3) to face out of circle.

III. CERCLE DES GARCONS ET PIROUETTES DES FILLES

C 1-15 M: Joining hands at shoulder height, repeat action of W in Fig II.

W: Beginning R, dance 4 waltz steps fwd away from ctr of circle (meas 1-4). Making 2 turns CW, dance 4 waltz steps twd ctr of circle (meas 5-8). End still facing out. On ct 3 of meas 8 put no wt on L ft. If desired, this ft change may be delayed until ct 3 of meas 16. Making 1-1/2 turns CCW, dance 4 waltz steps away from ctr (meas 9-12). Without turning, dance 3 waltz steps fwd twd ctr (meas 13-15).

16 On 1 waltz step reform circle with W to R of ptr all facing out. W turn CW to face out. Hands are joined at shoulder height.

IV. CERCLE

A 1-14 Repeat action of Fig I with same ftwork. Because circle is facing out, movement will be to LOD (CCW) on meas 1-9.

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15-16 Keeping hands joined with ptr, turn 1/2 CW as a cpl with 2 waltz steps, M fwd, W bkwd. End facing ctr and release hands.

V. LES HUIT

The following Fig should flow from one turn into the next.

B 1-4 With 4 waltz steps, join 2 hands straight across with corner and circle once CCW. Joined hands are held out to sides about shoulder height with some curve to the arms.

5-8 Moving twd own ptr, join 2 hands and turn CW almost 1-1/2 times with 4 waltz steps. This will leave the M close to the W that was to the R of his orig ptr. W will be close to M that was to L of her orig ptr.

9-12 Joining 2 hands with new corner (see above) circle once CCW with 4 waltz steps.

13-16 Returning to own ptr, join 2 hands and turn CW with 4 waltz steps. End with M back to ctr and take ballroom pos.

VI. FINALE

D 1-16 Beginning M L, W R dance 16 waltz steps in ballroom pos turning CW and progressing in LOD. On meas 11 and 15 M may lift W. In preparation for the lift, bend knees on ct 3 of the preceding meas. As lift is done, keep M L and W R arms stiff. M push up from the joined hands as W jumps.