

VALE DE L'AMITIE

(Quebec - Canada)

Adaptation of a waltz mixer by France Bourque-Moreau

Pronunciation: Vahls duh lah-meeh-tee-eh
Music: Yves and France Moreau CD
Rhythm: 3/4
Formation: Partners facing each other on a single circle

Measure: 3/4

Pattern

Introduction: 8 meas. No action

Figure 1 - Grand right and left

- 1-2 **1.** Join R hand with partner, take one walt step fwd and one waltz step back
3-4 **2.** Take two waltz steps fwd and walk to the next person, presenting L hand
5-16 **3.** Repeat Meas. 1-4, starting with L hand; Figure 1 is done 4 times
 (R hand, L hand, R hand, L hand)

Figure 2 - Sliding to ctr and back

- 1-2 With new partner, join two hands and take two large sliding steps
 to the center
3-4 Take two large sliding steps away from ctr
5-6 "Balance" inside and outside
7-8 Let go of hands and do complete turn to inside circle
9-16 Repeat Fig. 2 in opposite direction

Repeat dance from beginning

Presented by Yves and France Moreau