VARÍ HASÁPIKOS

FORMATION: Open or broken circle, or line, no partners.

STARTING POSITION: "T" formation: Arms extended sideward

(right in back of neighbor's left), hands on neighbor's shoulders. Left foot free.

MEASURE

PART 1

1 A slight LEAP FORWARD on LEFT foot, bending knee slightly

A slight LEAP FORWARD on LEFT toot, bending since singles, (counts 1-2),
BRUSH ball of RIGHT foot FORWARD then move right foot in a wide outward ARC around to the back (counts 3-4).
TWO slow WALKING STEPS (right, left) BACKWARD (counts 1-2, 3-4).
Turning to face slightly and moving right, TWO WALKING STEPS (right, left) FORWARD (counts 102),
Turning to face center a slight LEAP BACKWARD on RIGHT foot, bending bases slightly and as though sitting on right knee with left foot in front of right (counts 3-4),
REPEAT pattern of measures 1-3.
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PART II

CROSS and ROCK FORWARD on RIGHT foot just in FRONT of left (count 1), ROCK BACK ON ball of LEFT foot in PLACE (count 2) ROCK forward on RIGHT foot in PLACE (count 3) SWING LEFT foot around and FORWARD (count 4)

REPEAT pattern of measure 9 reversing direction and footwork, REPEAT pattern of measures 9-10. CROSS AND STEP on RIGHT foot just in FRONT of left (counts 1-2), CROSS AND STEP on LEFT foot just in FRONT of right, bending knee slightly (counts 3-4).

15-16 REPEAT pattern of Part I measures 2-3.

Note: As COUPLE DANCE, use routine above in the following position: Woman on partner's right, Man's left hand, about face level, elbow bent, holding woman's left hand; right hands joined at her right waist.