

HORRA ARABI

Music: Vox Album 16037-A "Debka"

Formation: A single circle of couples facing center with hands joined or placed on neighbor's shoulders.

1. Dancing in place lift the L foot with a slight hop at the same time placing the R heel forward on the floor. Repeat.
2. With a slight lift hop on the R foot placing L heel fwd on the floor. Repeat.
3. Moving to the L step swd L place R foot behind L and jump on both feet toward the center of the circle and jump on both feet back to place. The dance starts slowly and gradually increases in tempo.

DEBKA

Music: Vox Album 16037-A

Formation: Line of dancers, dancer on R end acting as leader.

1. Extend L foot forward, heel on the floor.
Return L foot to place beside R foot.
Extend R foot forward, heel raised just off the floor.
Raise R foot in the air with bent knee while hopping on the L foot.
Take one step to right with R foot.
Take one step to the R with the L foot crossing over in front of the right.
Jump with feet together, body turned slightly toward L and knees bend.
Jump with feet together, body turned slightly toward right and knees bent.

LA VARSOUVIANNA (Gunnison Version)

Music: Bluebird Record, La Varsouvianna

Formation: Double circle facing forward in Russian polka position.

1. Starting with the outside foot, take two mazurka steps forward. Holding the W's L hand in his left, the M turns the W to the inside of the circle with the La Varsouvianna walk step. The W is now facing in the opposite direction to the M. Continuing with the mazurka step on the L foot, both complete 2 mazurka patterns as they describe half a circle. The M brings the W back to original position by taking the W's R hand and turning her so they both face in reverse of original position. Repeat the above step and end in original position.
2. Throw-out step. Holding the W's L hand, the M dances in place while the W moves to the center and returns under the M's L hand. Repeat away and back to place.