

VIDINSKO HORO

Видинско хоро
(Bulgaria - Northwest-Vlach)

Arrangement of traditional steps of the dance type known as Sitno Vlaško from N.W. Bulgaria. These dances of the Vlachs (Romanian-speaking minorities) share in common with dances to be found North of the Danube in Romanian Muntenia and Oltenia. Source: State Folk Ensemble, Vidin 1970.

Pronunciation: VEEH-deen-skoh Hoh-ROH
Music: Yves Moreau CD
Rhythm: 2/4
Formation: Short lines with hands joined in W pos. Face ctr, wt on L
Style: Small light and sharp steps

Meter: 2/4 **Pattern**

No introduction. Start with music

A. Forward and back

- 1 One "two-step" fwd R-L-R (1&2)
 - 2 Step fwd L, raising R ft (1) sharp push kick fwd with R (2)
 - 3 Take 2 steps bkwd, R-L (1,2)
 - 4 Three light little steps in place R-L-R (1&2)
 - 5-16 Repeat pattern of meas 1-4, 3 more times
- Note:** Arms swing bkwd and fwd on meas. 3-4 and come back to W pos for 1-2

B. Slaps

- 1 Facing ctr and leaning upper body fwd, slap R ft fwd twice, straight knee (1,2)
- 2 Straightening body, step on R to R (1) step on L behind R (&) step on R to R (2)
- 3-4 Repeat pattern of meas 1-2 with opp dir & ftwork
- 5-8 Repeat pattern of meas 1-4
- 9 Bend fwd and slap R ft again (1) full stop (2)
- 10 Step on R to R (1) step on L behind R (&) step on R to R (2) sharp stamp with L next to R, no wt (&)
- 11 Light leap onto L to L keeping R knee up and close to L (1) same type of leap but to R (2)
- 12 Repeat pattern of meas 2 with reverse dir and ftwrk
- 13-16 Repeat pattern of meas. 9-12
- 17-32 Repeat pattern of meas 1-16 one more time

Repeat Figures A & B

C. Forward, leg kicks and slide back

- 1-4 Facing ctr, upper body bent fwd, do 4 "two-steps" fwd, bringing free ft around sharply
- 5 Wt on L, facing L of ctr (R shldr to ctr), sharp stamp with R next to L no wt (1) full stop (2)
- 6 Still facing same direction, "fall" onto R ft, simult. sending L straight leg out to L (1) sharp hop onto R, simult. sending L straight leg across R leg (2)
- 7-8 Still facing same direction, do 4 "chassé" or sliding steps out to L (away from ctr)
- 9-32 Repeat pattern of meas 1-8, 3 more times

Transition step:

- 1 Travelling diag. fwd R, step on R, arms swing fwd (1) step on L, arms swing bkwd (2)
- 2 Travelling diag bkwd R, step on R (1) close L to R (&) step on R (2)
- 3-4 Repeat pattern of meas 1-2 with reverse dir. and ftwork

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D. Travel sdwd with stamps

- 1 Facing ctr, with wt on L, step on R next to L (1) light stamp with L next to R (&)
- 2 Facing ctr, with wt on R, step on L next to R (2) light stamp with R next to L (&)
- 2 Do 4 quick steps sdwd to R, (R-L-R-L, crossing behind)
- 3-6 Repeat pattern of meas 1-2, two more times
- 7 Light leap onto R to R keeping L knee up and close to R (1) same type of leap but to L (2)
- 8 Step on R to R (1) step on L behind R (& step on R to R (2)
- 9-16 Repeat action of meas 1-8, with opp direction & ftwork

E. Quick crosses and stamps

- 1 Wt on L, cross R in front of L (1) step on L in place (&) step on R to R (2) step on L in place (&)
- 2 Repeat pattern of meas 1
- 3 Step on R in place (1), quick stamp, no wt, with L next to R (&) step on L in place (2) quick stamp, no wt, with R next to L (&)
- 4 Repeat pattern of meas 3
- 5-6 Repeat action of meas 7-8, Fig. D
- 7-8 Repeat action of meas 7-8, Fig. D with reverse direction and ftwork
- 9-16 Repeat action of meas 1-8

Repeat dance from beginning

Sequence: A-B-A-B-C-Transition-D-E
A-B-C-Transition-D-E

Presented by Yves Moreau