

# Vindinsko horo

(Bulgaria, Northwest Vlach)

Vindinsko horo is an arrangement of traditional steps of the dance type known as Sitno Vlaško from N.W. Bulgaria. These dances of the Vlachs (Romanian-speaking minorities) share in common with dances to be found North of the Danube in Romanian Muntenia and Oltenia. Source: State Folk Ensemble, Vidin 1970.

Pronunciation: VEE-deen-skoh hoh-ROH

Cassette: Yves Moreau YM-UOP-98 Side A/2 2/4 meter

Formation: Short lines with hands joined in W-pos. Face ctr, wt on L.

Styling: Small light and sharp steps.

## Meas

## Pattern

No introduction. Start with music.

### I. FORWARD AND BACK

- 1 One "two-step" fwd R-L-R (cts 1, &, 2)
  - 2 Step fwd on L, raising R ft (ct 1); sharp push kick fwd with R (ct 2).
  - 3 Take 2 steps bkwd, R, L (cts 1,2).
  - 4 Three light little steps in place R-L-R (cts 1,&,2).
  - 5-16 Repeat meas 1-4 three more times.
- Note: Arms swing bkwd and fwd on meas 3-4 and come back to W-pos for meas 1-2.

### II. SLAPS

- 1 Facing ctr and leaning upper body fwd, slap R ft fwd twice, straight knee (cts 1,2).
- 2 Straightening body, step on R to R (ct 1); step on L behind R (ct &); step on R to R (ct 2).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-8 Repeat meas 1-4.
- 9 Bend fwd and slap R ft again (ct 1); hold (ct 2).
- 10 Step on R to R (ct 1); step on L behind R (ct &); step on R to R (ct 2); sharp stamp with L next to R, no wt (ct &).
- 11 Leap onto L to L keeping R knee up and close to L (ct 1); leap onto R to R keeping L knee up and close to R (ct 2).
- 12 Repeat meas 2 with opp ftwk and direction.
- 13-16 Repeat meas 9-12.
- 17-32 Repeat meas 1-16.

Repeat Figures I and II.

## Vindinsko horo—continued

III. FORWARD, LEG KICKS AND SLIDE BACK

- 1-4 Facing ctr, upper body bent fwd, do 4 “two-steps” fwd, bringing free ft around sharply.  
 5 With wt on L, facing L of ctr (R shldr to ctr), sharp stamp with R next to L, no wt (ct 1); hold (ct 2); quick stamp, no wt, with R next to L (ct &).  
 6 Still facing L of ctr, “fall” onto R ft, simultaneously sending L straight leg out to L (ct 1); sharp hop onto R, simultaneously sending L straight leg across R leg (ct 2).  
 7-8 Still facing L of ctr, do 4 “chassé” or sliding steps out to L.  
 9-32 Repeat meas 1-8 three more times.

Transition step

- 1 Travelling diag fwd R, step on R, arms swing fwd (ct 1); step on L, arms swing bkwd (ct 2).  
 2 Travelling diag bkwd R, step on R (ct 1); step on L next to R (ct &); step on R (ct 2).  
 3-4 Repeat meas 1-2 with opp ftwk and direction.

IV. TRAVEL SIDEWARD WITH STAMPS

- 1 Facing ctr with wt on L, step on R next to L (ct 1); light stamp with L next to R, no wt (ct &); step on L next to R (ct 2); light stamp with R next to L, no wt (ct &).  
 2 Do 4 quick steps sdwd to R (R, L, R, L crossing behind).  
 3-6 Repeat meas 1-2 two more times.  
 7 Leap onto R to R keeping L knee up and close to R (ct 1); leap onto L to L keeping R knee up and close to L (ct 2).  
 8 Step on R to R (ct 1); step on L behind R (ct &); step on R to R (ct 2).  
 9-16 Repeat meas 1-8 with opp ftwk and direction.

V. QUICK CROSSES AND STAMPS

- 1 With wt on L, step on R across in front of L (ct 1); step on L in place (ct &); step on R to R (ct 2); step on L in place (ct &).  
 2 Repeat meas 1.  
 3 Step on R in place (ct 1); quick stamp with L next to R, no wt (ct &); step on L in place (ct 2).  
 4 Repeat meas 3.  
 5-6 Repeat Fig IV, meas 7-8.  
 7-8 Repeat Fig IV, meas 7-8 with opp ftwk and direction.  
 9-16 Repeat meas 1-8.

Dance repeats from the beginning.

Sequence: Fig I-Fig II-Fig I-Fig II-Fig III-Transition-Fig IV-Fig V  
 Fig I-Fig II-Fig III-Transition-Fig IV-Fig V

Presented by Yves Moreau