

- Formation: Couples facing each other in a longways set of 4, six feet apart, (when needed sets of 5 to 8 may be used in practice dancing.)  
 no. 1 xxxx with the head of set nearest the caller.  
 no. 2 oooo Step is a square dance shuffle.
- Call 1. "Everybody forward and bow" All shuffle forward 4 steps and bow and shuffle back to place. (Place is called Home.)
- Call 2. "Everybody right hands round". All shuffle forward, put right palms against partner's and shuffle around partner and back to Home.
- Call 3. "Everybody left hands round." Same as 2 using L hand.
- Call 4. "Everybody both hands round". All join both hands with partner, walk around each other cw. ie. to L & Home.
- Call 5. "Everybody De-sa-do". All walk forward pass R shoulders with partner and back up to Home.
- Call 6. "Head couple sashay down the center & sashay back". The couple nearest caller joins both hands and slides down the center of the set to the foot and back again.
- Call 7. "Head couple Reel. It's R to your own & L to the opposite all the way down the set". Head couple puts right palms together, walks around each other then separates, 1. goes to 2 line & 2 goes to 1. line and puts L palms together with the first girl and turns her around and up one place in line, then back to the center with a R hand round her partner, back to the opposite line to turn the next girl with L hand and so on down the set.
- Call 8. "Head couple sashay up the center." When the head couple reaches the foot they cross over so that each girl is on the side belonging to her own line and then they slide up the set, both hands joined, to Home.
- Call 9. "Lead off to the foot, 1.s go R & 2.s go L. Head couples form an arch when you meet and all slide thru'" Lines lead by heads circle back to the foot where head couple joins both hands in an arch and next couple in line leads the line thru'. All slide up to place, with both hands joined.
- Couple 2 now becomes head couple and dance is repeated till all have had a turn as head couple.

Formation: Couples in double circle, Varsouvienne position.

- Figure 1. Both begin with L foot, take two two-steps & 4 walks forward.  
 " " " " " Heel & toe & 3 walks L-R-L while partners let go of R hands and no. 2 walks in front of no. 1. to face the no. 1. girl behind.  
 All begin with R foot Heel & toe and 3 walks R-L-R moving toward the girl they are now facing, joining in varsouvienne position with new partner. Repeat dance to music.