

VLASKO  
(Bulgaria)

Source: Boris Valkov, 1970. As taught to François Legault in 1976. Vlach dance from N.O. Bulgaria.

Pronunciation: VLAHSH-koh

Record: Laridaine ML-3. 2/4 meter.

Formation: Closed or open circle, mixed. Hands down at sides.  
Wt on L. Face R of ctr.

MeasPattern2 INTRODUCTIONFIGURE I. (Slow music)

- 1-2 Four walking steps to R beginning with R ft.  
3 Facing ctr, step onto R ft (ct 1); raise L leg in front of R (ct 2).  
4 Reverse action of meas 3.  
5 Repeat action of meas 3.  
6-8 Reverse action of meas 1-3.  
9-16 Repeat action of meas 1-8.

FIGURE II. (Slow music)

- 1 Take two steps diag fwd R, beginning with R.  
2 In same direction, step onto R with marked flexion (ct 1); straighten R leg bringing L ft behind R knee (ct 2).  
3-4 Take three steps bkwd in same diag (L,R,L) close R next to L.  
5-8 Repeat action of meas 1-4, reversing direction and ftwk.  
9-16 Repeat action of meas 1-8.

FIGURE III. (Fast music)

- 1 Facing ctr, small step onto R to R (ct 1); small step onto L fwd and slightly in front of R (ct &); step onto R in place (ct 2); small step onto L next to R (ct &).  
2 Repeat action of meas 1.  
3 Small step onto R to R slightly tilting body to R (ct 1; pause (ct &); small step onto L to L (ct 2); cross R ft in front of L (ct &).  
4 Small step onto L ft in place (ct 1); small step on R to R (ct &); cross L in front of R (ct 2); step on R in place (ct &).  
5 Step onto L next to R (ct 1); stamp R ft next to L, no wt (ct &); step onto R ft in place (ct 2); stamp L next to R, no wt (ct &).  
6 Repeat action of meas 5.  
7 Small hop on R ft (ct 1); step bkwd on L ft (ct &); small hop on L ft (ct 2) step bkwd on R (ct &).  
8 Small hop on R ft (ct 1); step bkwd on L (ct &); stamp with R ft next to L, no wt (ct 2).  
9-16 Repeat action of meas 1-8 with opp ftwk.

VLASKO (continued)FIGURE IV.(Fast music)

- 1-2 Step on R to R (ct 1); step on L behind R (ct &); repeat three more times.
- 3-4 Do four "click-steps" in place starting with R ft (R,L,R,L) (wt on L, raise R knee sharply on final ct "&").
- 5 Step on R to R (ct 1); step on L in front of R (ct &); step on R bkwd (ct 2); step on L to L (ct &).
- 6 Step on R across L (ct 1); step on L bkwd (ct &); step on R to R (ct 2); step on L across R (ct &).
- 7 Step on R bkwd (ct 1); step on L to L (ct &); step on R cross L (ct 2); step on L in place (ct &).
- 8 Do two "heel-clicks" beginning with R (R,L).
- 9-16 Repeat pattern of meas 1-8 with opp direction and ftwk.

Repeat dance from beginning.

Notes by Yves Moreau and François Legault.

Presented by Yves Moreau