## Walczyk Lubelski (Poland)

Walczyk Lubelski is a couple dance in 3/4 meter from the Lublin region of eastern Poland. "Walczyk" is a soft meaning of the word: walc = waltz. Walczyk Lubelski was presented by the Mareks at the 1986 Stockton Folk Dance Camp.

Pronunciation: VAHL-chik loo-BEL-skee

Record: Dances of Poland Side B/1 3/4 meter

Formation: Cpls around the circle, ptrs facing. M back to ctr.

Meas	Pattern Pattern
1.2	INTRODUCTION.
1-2 3	No action.  M: 1/4 CCW turn in place with 3 steps, beg R.
	<u>W</u> : 1/4 CW turn in place with 3 steps, beg L.
4	Now both are facing LOD, W to R of ptr.  Both move slightly bkwd (M-L,R,L; W-R,L). M R arm slightly rounded, fwd; W
	puts R hand on ptr R hand; L hand on ptr R shldr. M L hand on hip.
	PART I.
1	Step diag fwd with R ft outside from the circle in LOD (ct 1); swing L ft in front of R, knees bent, toes down (cts 2,3).
2	Repeat meas 1 with opp ftwk and direction.
2 3 4	Repeat meas 1.
4	M: 3 short steps slightly bkwd. W: Beg L, take 3 steps in front of ptr to end on M L side. Change to L hands joined.
5-7	Repeat meas 1-3.
8	M: Three steps in place (L,R,L) making 1/4 CCW turn.
	<u>W</u> : Three steps (L,R,L) go in front of ptr (in LOD), making 3/4 turn to end all facing ctr. Join hands in "W" pos.
	PART II.
1	Step on R to R, swing L in front (bent knee) in direction of movement.
1 2 3 4 5-7	Step on L in LOD, swing R in front (bent knee).  Repeat meas 1.
4	Step on L, and, while bending R knee, make 1/4 CCW turn on L.
	Repeat meas 1-3 with opp ftwk. (Beg R ft in RLOD.)
8	M: 3 steps in place (L,R,L) still facing ctr.
9	W: With 3 steps go in front of ptr, end a little bit on his R side, both facing ctr. M puts hands on W hips; W holds her skirt. Beg R, do step-together to the R. Look
•	at each other over W L shldr.
10	Another step-together to R, M takes longer steps to end at R side of W. Look at each other over W R shldr.
11	Step-together to the L. Still look over WR shldr.
12	M: 3 steps (L,R,L) twd outside of circle.
	<u>W</u> : 2 steps (R.L) turning 1/2 CW to move in front of ptr. End with ptrs facing each other, W back to ctr.

## Walczyk Lubelski - continued

- 13
- 14
- Join hands and beg with R, do 3 short steps twd ptr. Extend arms to the sides. Take 3 steps away from ptr, arms rounded. Beg R, make 1/2 CW circle with 3 steps, W on outside and M on inside of the circle. Back up a little in RLOD with 3 steps, ending in beginning pos. 15
- 16

Repeat dance twice. At end, stay in butterfly pos and bow to ptr.

Presented by Jacek and Bozena Marek