This dance was created by German Youth sometime between 1922 and 1925. Steps include the rare "double waltz."

- Form: Couples in ballroom position. Except for the ending waltz alter position so that man's right and woman's left shoulders are closer together and in a 90 degree angle to each other, joined hands point in counterclockwise direction.
- Meas. 1-2 2 Mazurka steps forward in ballroom position; Men begin left, women begin right.
- Meas. 3-4 I waltz step sideward away from each other and I waltz step sideward toward each other. Both hands are on hips (this is the only time ballroom position is released).
- Meas. 5-6 2 Mazurka steps forward.
- Meas. 7-8 6 running steps once around counterclockwise. Men do running steps backward, women forward.
- Meas, 1-8 (repetition) Same as above.
- Meas. 9-10 2 walking steps forward. Men begin left, Women begin right.
- Meas.11-14

 2 double waltz steps once around clockwise. As used in this dance, the double waltz step is done with a turn in the following way: It takes two meas. to do one double waltz step, men start left and women start right.

 Step left forward into the clockwise turn (meas. I count 1) closing step right (meas. I count 3) then step left slightly backward (meas. 2 count 1) step right backward (meas. 3 count 1) closing step left (meas. 3 count 3) and step right forward (meas. 4 count 1).

 The preceding was the description for the men's part; women do the opposite. It takes 4 waltz measures and 2 double waltz steps to complete one turn.
- Meas. 15-16 2 walking steps forward.
- Meas. 9-16 (repetition) Same as above.
- Meas. 17-24 (repetition) Same as Meas. 1-8 with repetition.
- Meas.25-32 (with repetition) 16 waltz steps, turning clockwise, 2 steps per turn. (Old fashioned German Waltz.)