

# Ya Abud - Israel

Choreographed by Moshiko - 1974

Line dance, arms in V-Position. Meter 4/4

## Measure Count Step

### Part I

- |     |     |   |
|-----|-----|---|
| 1   | 1-2 | Facing center, step on R foot to R (1), bounce (&), close L foot to R foot (2), bounce (&). |
|     | 3-4 | Repeat counts 1-2.  |
| 2-8 |     | Repeat measure 1 seven times.   |

### Part II

- |     |     |   |
|-----|-----|---|
| 1   | 1-4 | Stamp R foot in place (1), step forward on R foot (2), step forward on L foot (3), stamp R foot in place (4). |
| 2   |     | Repeat measure 1 stepping backwards instead of forward.   |
| 3-4 |     | Repeat measures 1-2.  |

### Part III

- |     |     |   |
|-----|-----|---|
| 1   | 1-4 | Hop on L foot kicking R foot forward (1), hop on L foot kicking R foot backwards (2), hop on L foot kicking R foot forward (3), touch R foot next to L foot, taking a small amount of weight (&), transfer weight back onto L foot (4). |
| 2-4 |     | Repeat measure 1 three times.   |

### Part IV

- |     |     |   |
|-----|-----|---|
| 1   | 1-2 | Keeping body stiff and leaning slightly forward, step diagonally forward onto R foot (1), straighten body and step onto L foot behind R foot (2). |
|     | 3-4 | Repeat counts 1-2.  |
| 2-4 |     | Repeat measure 1 three times.   |

### Part V

- |     |     |   |
|-----|-----|---|
| 1   | 1-2 | With R leg slightly forward, chug diagonally forward (1), chug straight back (2), bounce (&). |
|     | 3-4 | Repeat counts 1-2.  |
| 2-4 |     | Repeat measure 1 three times.   |

**Part VI**

- 1            1-4        Bring arms down to V-position. Jump in place, landing with R foot forward and L foot back (1), jump again, reversing the position of the R and L feet (2), jump again, landing on the L foot underneath the body, and lift the R leg with bent knee (3), stamp the R foot next to the L foot (4).
- 2-4                Repeat measure 1 three times.

**Part VII**

- 1            1-4        Turning to face diagonally R and bringing arms up to W-position, step on R foot in LOD (1), step on L foot in LOD (2), step on R foot in LOD (3), lightly stamp L foot without taking weight (4). On each of the three steps, circle hands forward, down a little and back up. On the stamp, make a slightly larger circle.
- 2                Repeat measure 1 with opposite footwork and in opposite direction.
- 3-4                Repeat measures 1-2.

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