

MISHAL (Arabic Dance)

Dance: Moshiko
Music: Arabic Folk

Formation: Line, close to each other. Join hands, left arm is bent bwd, right extended fwd. Face CCW.

PART ONE

- 1 : Stamp L in place
- 2 : Stamp L in place
- 3 : L bwd
- 4 : Stamp R in place, bend down
- 5-7 : 3 steps fwd RLR, body up
- 8-28 : Repeat 1-7 three more times
- 29-30 : Repeat 1-2

PART TWO

- 1-2 : Step-hop L bwd
- 3 : Hop on L and run R fwd
- 4 : Run L fwd
- 5-6 : Repeat 3-4
- 7 : Face center. Leap R to right side
- 8 : L closes to R
- 9-32: Repeat 1-8 three more times

Side Two - 5

YARAD DODI LEGANO

Dance: Yoav Ashriel
Music: Levy

(My Beloved Came to the Garden)

Formation: Couples, man with back to center, girl faces center, join both hands. Man's step described, girl opposite foot.

PART ONE

- 1-2 : L to left side, tap R in place
- 3-4 : R to right side, tap L in place
- 5-8 : Face CCW, release outside hands. Four steps fwd LRLR
- 9-12 : Repeat 1-4
- 13-16 : Release both hands. One full turn to left side with 4 steps LRLR
- 17-20 : Repeat 1-4

PART TWO

- 1-4 : Four steps bwd LRLR (girl fwd)
- 5-8 : Four steps fwd LRLR (girl bwd)
- 9-12 : Repeat 1-4 PART ONE
- 13-16 : Release hands. Man 4 steps in place LRLR. Girl full turn to right side with four steps RLRL, changing partners to her right side.