

YEDID NEFESH (continued)

Israeli Circle Dance

Translation: Soul Friend
 Dance: Yonatan Gaba'i
 Record: Dances in the Garden of Eden YE-1001
 Basic steps: Waltz
 Formation: Circle with simple hold
 Meter: 3/4

<u>meas</u>	<u>cts</u>	<u>Description</u>
<u>Part A</u>		
1	1-3	1 waltz step R in LOD (CCW)
2	4-6	1 waltz step L while turning half way around CCW
3	7-9	1 waltz step R, backing up in LOD
4	10-12	1 waltz step L while turning half way around CW
5-8	13-24	Repeat meas 1-4, Part A

CHORUS

1	1-3	1 waltz step R toward ctr, arms raising forward
2	4-6	1 waltz step L back to place
3	7-9	1 waltz step R while turning CW half way around, raising arms before releasing them. slightly
4	10-12	1 waltz step L back (while facing out)
5-8	13-24	Repeat meas 1-4, Part B

Note: At end of meas 8 end up in original place.

9-16	25-48	Repeat meas 1-8, Chorus
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Part B

1-2	1-6	2 waltz steps: R, L in LOD
3	7-9	3-step turn: R, L, R (CW)
4	10-12	1 waltz step L in place
5-8	13-24	Repeat meas 1-4, Part B

CHORUS

1-8	1-24	Repeat meas 1-16, Chorus
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Continued.

YEDID NEFESH (continued)

<u>Meas</u>	<u>cts</u>	<u>Description</u>
<u>Part C</u>		
1	1	Step R to R
	2	Cross L behind R
	3	Step R in place
2	4	Step L to L
	5	Cross R behind L
	6	Step L in place
3	7	Step R toward ctr, arms reaching upward (forward)
	8	Close L to R while rising on balls of feet
	9	Hold
4	10-12	1 waltz step L back
5-8	13-24	Repeat meas 1-4, Part C

CHORUS

1-16 1-48 Repeat meas 1-16, Chorus

Presented by Ya'akov Eden

Note: Other recordings may have interludes. If so, you will have to adjust the number of times each step is done.