

YENKA

(Central American Bunny Hop)

A contemporary folk dance from Spain; done throughout Central America.

SOURCE: This dance was originally taught by Nidia Amaya at the 1968 University of the Pacific Folk Dance Camp. The dance has been adapted for recreational use by Bruce Mitchell.

MUSIC: National N4571

FORMATION: No partners; all facing the front of the room with a leader giving calls or all in a circle still using a selected leader. The steps can be arranged in any order.

STEPS: BASIC STEP:
(cts)

1&2& With a light hop on R ft, kick L ft diag. to the L (ct 1); jump both ft together (ct &). Repeat.
3&4& Same as 1&2& only using opp. ftwork.
5 Jump fwd with both ft together.
6 Jump bkwd with both ft together.
7-8 Jump 3 times in place (ct 1,&,2); hold (ct &).

CountsPATTERN

	<u>Variation I.</u>
1-8	Basic Step
	<u>Variation II. Forward</u>
1-6	Basic Step
7&8	Jump 3 times fwd.
	<u>Variation III. Backward</u>
1-6	Basic Step
7&8	Jump 3 times bkwd
	<u>Variation IV. Right</u>
1-6	Basic Step
7&8	Jump 3 times to R
	<u>Variation V. Left</u>
1-6	Basic Step
7&8	Jump 3 times to L
	<u>Variation VI. Spins</u>
1-6	Basic Step
7&8	Jump one time (either direction) with three hops.
	<u>Variation VII. Crazy Step</u>
1-6	Basic Step
7&8	Jump on both ft -- R in front of L (ct 1) Jump on both ft -- L in front of R (ct &) Jump on both ft -- R in front of L (ct 2)

Presented by Bruce Mitchell