

THREE AND ONE BAR
ARMENIAN BAR

SOURCE: ARMENIAN COLONY, FRESNO, CALIFORNIA

RECORDS: GREGART #3372 "HAIGAGAN MARCH," ALSO REC-ART:1501B, REC-ART 1507B, KEVORKIAN #4, ORIENTAL #6601-A, ORIENTALE #6604-B.

FORMATION: TYPICAL ARMENIAN LINE DANCE, HANDS HELD AT SHOULDER HEIGHT AND JOINED WITH LITTLE FINGERS INTERLOCKED. OPEN CIRCLE.

STEPS: RHYTHMIC WALKING STEP, STEP-POINT.

THIS ARMENIAN BAR IS PROBABLY THE EASIEST AND MOST COMMON OF THEIR LINE DANCES. THE NAME IS UNUSUAL IN THAT IT IS DERIVED FROM THE ROUTINE OF THE STEPS AND IN ITSELF VIRTUALLY DESCRIBES THE DANCE. ITS DESCRIPTION WILL QUICKLY REVEAL ITS SIMILARITY TO THE BASIC CIRCLE DANCES OF ALL BALKAN AND NEAR-EAST COUNTRIES, SUCH AS THE GREEK HASAPIKOS, THOUGH ITS ORIGIN MAY BE INDEPENDENT.

COUNT-STEP

- 1 - FACING SLIGHTLY TO THE R, STEP ON R FT. IN LOD
- 2 - CONTINUING, STEP ON L FT. ACROSS AND IN FRONT OF R FT.
- 3 - CONTINUING, STEP ON R FT. IN LOD.
- 4 - POINT L TOE IN FRONT OF R FT.
- 5 - STEP ON L FT IN PLACE NEXT TO R FT.
- 6 - POINT R TOE IN FRONT OF L FT.

NOTE: THE ABOVE IS WRITTEN ESPECIALLY FOR WOMEN WHOSE PARTICULAR STYLE CALLS FOR SWAYING THE BODY IN A NEAR SEMI-CIRCLE ON THE STEP-POINTS IN COUNTS 4-5-6. WHEN MEN DANCE, THEY USUALLY LIFT THE FOOT WITH BENT KNEE INSTEAD OF POINTING. THE LEADER MAY MAKE A CLOCKWISE TURN IN COUNTS 1-2-3 DURING THE DANCE AND RETIRE TO THE END OF THE LINE ANYTIME TO PASS THE LEADERSHIP TO THE NEXT PERSON.
PRESENTED BY FRANCES AJOIAN