

THREE AND ONE ~~BAR~~
(Armenian Bar)

SOURCE: Armenian Colony, Fresno, California

RECORD: Kapp LP KP1090 Side 2 Band 3
Or any 2/4 Armenian "bar" music

FORMATION: Typical Armenian line dance, open circle. Hands joined with little fingers interlocked and held at shoulder height.

This Armenian Bar is probably the easiest and most common of their line dances. The name "bar" in Armenian dances is equivalent to "kolo" in dances from Jugoslaviya. Its description reveals its similarity to the basic circle dances of all Balkan and near-east countries, such as the Greek Hasapikos.

STYLE: When done by women only, calls for swaying the body in a near semi-circle on the step-points in counts 4-5-6. When done by men only, lift the foot with bent knee instead of pointing. The leader may make a CW turn in counts 1-2-3 during the dance and move to end of line at anytime to pass leadership to the next person.
2/4

RHYTHM:
COUNT

- 1 Facing slightly to the R, step on R ft in LOD.
- 2 Continuing, step on L ft across and in front of R ft.
- 3 Continuing, step on R ft in LOD.
- 4 Point L toe in front of R ft.
- 5 Step on L ft in place next to R ft.
- 6 Point R toe in front of L ft.