



## YOGURT

Silifke, Turkey

**SOURCE:** YOGURT is a Turkish spoon dance from the town of Silifke which is located on the south central coast of Turkey. This dance is usually performed during holidays, and at weddings, births, and circumcision-al ceremonies. Ömer Uyuklu learned this dance from İsmail İnanc , a native of Silifke, in 1972 at Bogazici Univ. of Istanbul.

**PRONUNCIATION:** YO-urt

**RECORD:** Request Records SRLP 8140 "Turkey" Side 1 3c 2/4

**FORMATION:** Circle or semi-circle , alternating M and W. One M calls signal for step changes " Ho-pa ". Each M and W holds two spoons in each hand. One spoon is placed between base of thumb and forefinger with back of spoon away from palm. Other spoon can be held between forefinger and middle finger or between middle finger and ring finger with back of spoon touching back of opposite spoon.

Spoons are played by holding thumb taut against lower spoon and using fingers to loosely click upper spoon against lower spoon. The rhythm is slow- quick-quick (slow on one hand, quick-quick on the other.)

### INTRODUCTION:

For convenience, wait several measures,clicking spoons in rhythm.

**Meas. FIGURE 1 STEP-LIFT**

9-16 (Spoons play throughout dance.) Elbows bent at shldr height, move in LOD twd R, facing ctr,stepping with R heel (ct 1) and bringing L ft twd R by dropping wt on L while lifting R (ct 2)

**FIGURE 2 STEP-LIFT-TURN**

17-27 ( Singing begins.) Face ctr and beg turn CCW in place, R arm curved over head, L arm dwn and behind. Use same step as in Figure ( 20 tiny steps on R ) Make full circle.

Yogurt (cont'd)

FIGURE 3 TOUCH-HOP TWD CTR

- 28-35 (This step is done 8 times twd ctr.) (Singing changes here.)  
 Arms are held shldr height, elbows bent.  
 Ct 1 - Touch R ft to front while wt is mainly on L ft.  
 Ct & - Push off ball of R ft while hopping bkwd on L ft.  
 Ct 2 - Jog on R.  
 CT & - Jog slightly fwd on L.

FIGURE 4 TOUCH-HOP IN AND OUT

- 36-43 (Singer repeats musical phrase of Figure 3.)  
 Repeat Figure 3 instructions except step is done first twd ctr, then turns CCW to face outside circle. When facing ctr R arm is curved over head, L arm is dwn and behind. Arms alternate beg at turn to L arm over head and R arm dwn and behind. Turning back twd ctr is done CW.  
 This step is repeated 8 times - ctr, out, ctr, out, ctr, out, ctr, out. To prepare for beginning of dance, turn CCW twd ctr.

FIGURES 1-4 are repeated 3 times.

Presented by Ömer Uyuklu

