

ZA POJAS
(Bulgaria)

not taught

SOURCE: This a third version of this dance

PRONUNCIATION: Zah POY-yahss

TRANSLATION: By the belt

MUSIC:

Nasha Pesen LP 595, side 2 band 1 "Zaivirili..."

FORMATION: Line dance; belt hold

RHYTHM: 6/8 notated as $\frac{1,2,3}{1} \frac{4,5,6}{2}$

METER: 6/8

PATTERN

Meas

Introduction:

- 1 Facing R, moving R, step R fwd in LOD (ct 1); small step on L fwd in LOD with ft apart (ct &); small step on R fwd in LOD with ft apart (ct 2) ("1-2-3") (S,Q,S)
- 2 Same as meas 1 starting on L, still moving R
- 3 Facing R, moving R, larger step R fwd in LOD (ct 1); hop R (ct 2) ("step-hop")
- 4 Rpt meas 3 using L, still moving R
- 5 Rpt meas 3 while facing ctr
- 7 Facing ctr, moving L, step L to side (ct 1); step R across L with high knee action (ct 2); step L to side with high knee action (ct 3); step R behind with high knee action (ct 4) ("grapevine")
- 8-10 Facing ctr, step L slightly behind R (ct 1); hop L (ct 2); step R slightly behind L (ct 3); hop R (ct 4); step L slightly behind R (ct 5); hop L (ct 2) (3 "reel" steps)