

ZABARKA

SERBIAN

Zabarka (zhah'-bar-kah) is a typically Serbian kolo that was learned in Yugoslavia by Anatol Jonkowsky. It was presented by him at the 1957 College of the Pacific Folk Dance Camp. Zabarka is one of a family of kolos known as U Sest Koraka (in 6 steps). Another in this same family is Moravac kolo. Zabarka may be described as a salivo (shah'-lee-vo) kolo (translated as "joking" or "kidding") because the last step is supposed to be imitative of a frog. From the word "zaba" (frog) the dance takes its name.

- MUSIC:** Record: Jugoton C6210 Zabarka No introduction.
This orchestration is in modern Yugoslavian style as it uses four guitars instead of traditional instruments.
- FORMATION:** Open kolo (broken circle). Hands joined and down. Face in LOD (CCW).
- STEPS:** Every step is done with a plie' or bend of knee. Wt is on balls of ft with heels close to floor.
Hop—Hops are rarely very far off the floor. Usually are modified into just a heel lift.
Tuck—used to describe the action of placing or tucking one ft behind and almost under the heel of the other ft.

MUSIC 4/4

PATTERN

Measures

- I. PROMENADE**
- 1 Step R in LOD (cts 1-2). Step L in LOD (cts 3-4).
2 Repeat action of meas 1.
3 Step R in LOD (cts 1-2). Touch L in LOD, toe turned twd ctr of circle (cts 3-4).
4 Step bwd L, diag R of RLOD (ct 1). Step bwd R, diag R of RLOD (ct 2). Step L next to R (ct 3). Hold (ct 4).
5-16 Repeat action of meas 1-4 three times (4 in all).
- II. FRONT AND BACK**
- 1 Face ctr, progress slightly to R. Step R, bending knee (cts 1-2). Hop R (ct 3). Step L in front of R (ct 4).
2 Step R, bending knee (cts 1-2). Hop R (ct 3). Step L in back of R (ct 4).
3 Repeat action of meas 1 (Fig II).
4 Step R, bending knee (cts 1-2). Step L next to R (ct 3). Step R in place (ct 4).
5-8 Repeat action of meas 1-4 (Fig II), starting L and progressing slightly to L.
- III. TUCKS AND SIDE STEPS**
- 1 Facing ctr, small step R on R (ct 1). Bend R knee and bring L ft in front of R so L heel is over R instep (ct 2). Straightening R knee, lift R heel, bringing L ft around behind R (ct 3). Step L behind R (tuck) (ct 4). During step knees are close together and L ft is close to R leg.
2 Step to R on R (ct 1). Step L behind R (ct 2). Step to R on R (ct 3). Step L behind R (ct 4).
3-6 Repeat action of meas 1-2 (Fig III) twice.
7 Repeat action of meas 1 (Fig III).
8 Step to R on R (ct 1). Step L behind R (ct 2). Step to R on R (ct 3). Hold (ct 4).
9-16 Variation: Repeat action of Fig II, meas 4.
Repeat action of meas 1-8 (Fig III), starting L and moving L.
- IV. TUCKS**
- 1-3 Repeat action of Fig III, meas 1 three times.
4 Repeat action of Fig II, meas 4.
5-8 Repeat action of meas 1-4 (Fig IV), starting to L with L.
9-16 Repeat action of meas 1-8 (Fig IV).
- V. PROMENADE**
- 1-8 Repeat action of Fig I, meas 1-4 twice. Omit hold on ct 4 of meas 8.
- VI. ZABA (FROG) STEP**
- 1 Facing ctr, reach to R side with R (ct 4 of meas before). Close L to R (ct 1). Reach to R with R (ct 2). Close L to R (ct 3). Reach to R with R (ct 4). Wt is predominantly on L during this pattern. Keep steps small while learning.
2 Close L to R (ct 1). In place, leap onto R (ct 2). Step L next to R (ct 3). Stamp R in place (no wt) (ct 3). Reach to R with R (ct 4).
3-16 Repeat action of meas 1-2 (Fig VI) seven times (8 in all). On meas 16, hold ct 4. Repeat whole dance from beginning but omit Fig V. Go directly from the TUCKS (Fig IV) to the Zaba Step (Fig VI). In order to do this, an adjustment must be made In Fig IV, meas 16: Step L, bending knee (cts 1-2). Hold (ct 3). Reach to R with R (start of Fig VI) (ct 4).