

BOLG

ZAD KRAK

Description: A dance from the Radomir area in the Shope region
of Western Bulgaria.

Rhythm: 6/8

Starting Position: Semi-circle, hands joined at sides.

Measure	Pattern
1	Facing ctr, step sdwd R on R ft (ct 1) Cross & step on L ft behind R ft (ct 2).
2	Three little steps slightly fwd (cts 1, 1+, 2).
3	Step fwd on L ft (ct 1) Hop on L ft, crossing R ft behind L calf (ct 2).