

ZAPLANJSKI ČAČAK

(Serbia)

This member of the large Čačak dance category comes from the small district of Zaplanje in eastern Serbia, Yugoslavia. It is not found outside the immediate area, and differs from the "standard" Čačak pattern principally in its 12-measure structure (most Čačak variations being in 10 measures).

Pron.: ZAH'-pline-skee CHAH'-chahk

Music: 1) KOLA-407, "Zaplanjski čačak"
2) AMAN 104, Side 2, Bd. 6

Formation: Open circle or line, mixed M and W. Belt hold, i.e. grasp neighbor's belt, L arm in front, R arm in back.
(Note: The belt hold is the older style for all Čačaks and many other dances of E. Serbia. Nowadays, however, with the disappearance of the old costumes with their sturdy sashes, most belt-hold dances have changed to shoulder or back-basket hold.)

Meter: 2/4

<u>MEASURE</u>	<u>PATTERN</u>
----------------	----------------

- | | |
|-----|---|
| 1 | Step R with Rft (ct. 1); slide Lft (it really need not touch floor) to the R, stepping onto it in front of Rft (ct. 2). |
| 2-3 | Repeat movements of Meas. 1 twice more for a total of three times. |
| 4 | Step onto Rft in place (ct. 1); bounce or hop on Rft, leaving Lft in a position slightly fwd/L (ct. 2). |
| 5 | Step onto Lft in place (ct. 1); bounce or hop on Lft, leaving Rft in a position slightly fwd/R (ct. 2). |
| 6 | Same as Meas. 4. |
| 7 | Step L with Lft (ct. 1); slide Rft to L, stepping onto it in front of Lft (ct. 2). |
| 8 | Same as Meas. 7. |
| 9 | Same as Meas. 5. |
| 10 | Same as Meas. 4. |
| 11 | Same as Meas. 7. |
| 12 | Same as Meas. 5. |

Teaching hint: As can be seen, the whole dance consists of two basic movements: the "step-cross" and the "step-bounce". Zaplanjski čačak's pattern can be easily remembered as a "3-2-1" sequence: 3 step-crosses plus 3 step-bounces, then 2 step-crosses plus 2 step-bounces, then 1 of each.

Presented by Dick Crum
San Antonio College