

ZAVRZLAMA  
Serbia

Zavrzlama (Zahv-rahz-lah-mah) is a traditional dance from the Šumadija region in Central Serbia. The name means "when there is too much confusion." The dance was learned by Bora Gajicki when he was a member of Kolo.

RECORD: Borino Kolo Folk Ensemble, BK 678 (LP)

FORMATION: A line, facing ctr with hands joined and down.

METER: 4/4

PATTERN

Meas.

Introduction: 8 meas (no action)

FIG. I

- 1 With ft together bend both knees (ct 1-2), straighten knees (cts 3-4).
- 2 Step R to R (ct 1), step L behind R (ct 2), step R to R (ct 3), plie on R and cut L straight fwd low to ground (ct 4).
- 3 Step on L and cut R fwd (cts 1-2), step on R and cut L fwd (cts 3-4).
- 4 Close L to R with ft in pigeon-toed pos (ct 1-2), close heels sharply with click (cts 3-4).
- 5-8 Repeat meas 1-4, with opp ftwk and direction.
- 9-16 Repeat meas 1-8.

FIG. II

- 1 In place and facing ctr, jump onto balls of both ft with plie (R in front of L with R heel twisted to L and L heel to R), step onto R with L flaring diag L bkwd (cts 3-4).
- 2 Repeat meas 1, with opp ftwk.
- 3 In place, step on R, bring L to R ankle (cts 1-2), repeat cts 1-2, with opp ftwk (cts 3-4).
- 4 Hop on L (ct 1), in place step R,L, hold (cts 2-4).
- 5 In place, stamp R with wt and start to lift L behind R (cts 1-2), hop on R, continue moving L behind R (ct 3), step L close behind outside of R heel, while R is lifted slightly fwd **off floor** (ct 4).
- 6 Step on R and cut L fwd (cts 1-2), step on L and cut R fwd (cts 3-4).
- 7-8 Do 6 more cut steps, stepping R,L,R L,R,L.
- 9-16 Repeat meas 1-8.

Repeat dance from beginning to end of music.