

# Zborsko Oro

(Aegean Macedonia)

**Source:** As most recently presented by Pece Atanasovski at Buffalo Gap International Folk Dance Camp, Labor Day Weekend 1989. This dance is also known by several other names including *Stankino* and *Marina*. I first saw this dance when it was presented by Atanas Kolarovski & Dennis Boxell in late 1966 during Atanas' first dance teaching tour to the U.S.; he called the dance *Stankino*, or Stanka's Dance. Later, in 1971, Bob Liebman and I filmed a group of men dancing *Stankino* at a Festival in Bitola, Macedonia. These folks originally came from Voden (Greek name Edhessa) and were then living in the former Yugoslav Republic of Macedonia. Most recently, Joe Graziosi has been teaching *Marina*, which comes from the same general area in Greece and is danced by the Hellenic Community.

SFDC 89

**Pronunciation:** ZBOAR-sko oro

**Formation:** Separate lines of men and women, hands held up at shoulder height, or, particularly for the men, with hands on each others' shoulders, facing slight to R of ctr, wt on LF.

**Rhythm:** 11/16

Q      Q      S      Q      Q  
 (2/16 + 2/16 + 3/16 + 2/16 + 2/16)  
 1      2      3      4      5

**Record:** Jugoton CAY 1263, KUD Makedonia, Side 1, Band 3 (Zborskoto Oro), or Side 2 Band 5 (Stankino Oro)  
Mendocino Folklore Camp 2000 Tape

<u>Meas.</u>	<u>Ct.</u>	<u>Slow Music</u>
1	1-2	Moving CCW, step fwd to R onto RF.
	<u>3</u>	Continuing in same direction, chukche* on RF while lifting free LF up in front, L-knee bent.
	4	Continuing in same direction, chukche* on RF while beginning to cross free LF in front of RF in preparation for a step onto RF.
	5	Moving CCW, cross and step onto LF.
2	1-2	Continuing to move CCW, step fwd to R onto RF.
	<u>3</u>	Continuing in same direction but facing ctr, chukche* on RF while lifting free LF up in front, R-knee bent.
	4-5	Pause.
3	1-2	Facing ctr, step bkwards (away from ctr).
	<u>3</u>	Swing free RF up in back so that R-ankle is behind L-Knee (looks like the number "4").
	4-5	Pause.

**NOTE:** This pattern falls into the Lesnoto/Pravoto family of 3 measure dances so common throughout the Balkans. The description serves as the basic  
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framework through which a lead dancer (dancer at the head of the line) adds their personal embellishments to help create the "dance" anew each time.

## Fast Music

When the music accelerates the leader of the line may transition into the second part of the dance. This might actually take place after any of the 3 measures, above, however for notational convenience the following description assumes that the dance leader has just concluded Meas 3, above. Further, this part of the dance "borrows" an upbeat, "&", from the end of the last phrase of the *slow music*. The character of the *fast music* portion is light and leaping, which contrasts with the heavy stepping feeling of the *slow music* pattern.

<u>Meas.</u>	<u>Ct.</u>	
	&	Moving CCW and facing slightly R of ctr, Hop on LF
1	1-2	Moving CCW, step fwd onto RF.
	3	Moving CCW, hop fwd on RF while lifting free LF up in front, R-knee bent.
	4	Moving CCW, hop fwd on RF, free LF is kept up in front, R- Knee bent in preparation to step fwd.
	5	Continuing CCW, Leap fwd onto LF.
	&	Moving CCW and facing slightly R of ctr, Hop on LF.
2	1-2	Turning to face ctr, step sdwrds to R onto RF.
	3	Step fwd, towards ctr, onto LF crossing it slightly in front of RF.
	4-5	Simultaneously turn on the ball of the LF (from L to R) and step bkwards onto free RF.
3	1	Step backwards (away from ctr) onto LF.
	2	Step backwards (away from ctr) onto RF.
	3	Still facing ctr, jump onto both feet apart, knees slightly bent.
	4-5	Still facing ctr, leap onto LF while swinging free RF up in back so that R-ankle is behind L-Knee (looks like the number "4").

## Embellishments:

As with many Macedonian dances, the leader of the line may, at any time, add their most treasured "ornaments" onto the dance. These would include turns, squats, leaps and other movements.

NOTE: chukche\* - a hop where the hopping foot doesn't leave the ground, a bounce.

Notes by Larry Weiner - 6/2000

Also: Marina - Joe Graziosi - SFDC 89  
Stankino - Bob Lieberman - MFL 85