

ŽENSKO MAKEDONSKO  
Macedonia

SOURCE: FRULA ENSEMBLE, Zoran Vasiljević. This dance was taught at an Aman Institute in the early 1970's.

RECORD: FR-4101, Side B

FORMATION: W lines facing ctr with hands joined in "W" pos and slightly fwd.

RHYTHM: 9/16 counted:  $\frac{1-2}{1} \frac{3-4}{2} \frac{5-6}{3} \frac{7}{4} \frac{8-9}{5}$  (Q,Q,Q,S,Q)

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METER: 9/16

PATTERN

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Meas

No Introduction

PART I:

- 1 Touch L fwd (ct 1); touch L to L (ct 2); close L to R (ct 3); bend R knee and step on L in place (ct 4-5).
- 2 Step R-L in place (ct 1-2); R lifts fwd close to floor with straight knee (ct 3); whole leg rotates with R heel moving twd L (ct 4); step R in place (ct 5).
- 3 L heel moves in (ct 1); close R to L, wt on both (ct 2); repeat cts 3-5, meas 2 (R lifts fwd, rotate R, R in pl) (cts 3-5).
- 4-12 Repeat meas 1-3, 3 more times (4 in all).

PART II: Transition as tempo increases.

- 1 Repeat Part I, meas 1.
- 2 Release hands, put L H on hip, extend L fwd and up and wave handkerchief. Scissors R-L (cts 1-2); hop on L with R extended fwd close to floor (ct 3); hop on L (ct 4); step R fwd (ct 5).
- 3 Hop on R as L extends fwd close to floor (ct 1); leap onto L slightly fwd (ct 2); hop L, 2 times (cts 3-4); leap R in place (ct 5).
- 4 Leap L across R, face slightly diag R (ct 1); hop on R 3 times, with L extended fwd (cts 2-4); small leap on L bkwd (ct 5).
- 5-7 Repeat meas 2-4.

Each step changes with the music until the end.

Ending step:

Scissors R-L, step with both ft tog.

Presented by Vicki Mahue  
Laguna Institute, Feb. 14-15, 1985