

Zetovskoto

(Western Macedonia)

Source: As learned from Pece Atanasovski at the Buffalo Gap International Folk Dance Camp, in West Virginia May 1973. This dance is from western Macedonia and danced by the "*Mijak*" population of villages such as Gari. It can be danced on all occasions, but apparently is led by the groom ("*zet*") during a wedding.

Pronunciation: zet-OV-sko-to

Formation: Open circle of men (and probably women nowadays), hands on neighbors shoulders, and facing slightly right of center. Weight on Left foot.

Rhythm:

Q	S	
$\frac{2}{8}$	$+$	$\frac{3}{8}$
1		$= \frac{5}{8}$
		<u>2</u>

In this dance the "beats" are on the first, third and fifth 1/8 notes. Also, note that the musical measure is "stretched" a bit and that the drummer is not strictly playing a 5/8 rhythm during the slow part of the tune.

Record: Mendocino Folklore Camp 2004 – Larry Weiner Balkan Dance CD
Jugoton LPY-50985 - Macedonian Folk Dances (Reels)

<u>Meas.</u>	<u>Beat.</u>	
		Facing slightly R.
1	1	Moving CCW, Step fwd onto RF..
	3	Moving CCW, chukche* on RF while beginning to bring free LF across in front.
	5	Continuing to move CCW, Step on LF crossing it in front of RF.
2-3		Repeat Pattern of Meas. 1, two times.
4	1	Turning to face center, Step onto RF slightly sideways to R.
	3	Facing center, chukche* on RF while bringing free LF up in front, L-Knee bent.
	5	Facing center, chukche* again on RF while bringing free LF up in front, L-Knee bent.
5-8		Repeat Pattern of Meas. 1-4 but with opposite footwork and direction.
9	1	Facing center, Step onto RF in place.
	3	Facing center, chukche* on RF while bringing free LF up in front, L-Knee bent.
	5	Facing center, chukche* again on RF while bringing free LF up in front, L-Knee bent.
10	1	Facing center, Step onto LF in place.
	3	Facing center, chukche* on LF while bringing free RF up in front, R-Knee bent.
	5	Facing center, chukche* again on LF while bringing free RF up in front, R-Knee bent.

Variation

9	1	Facing center, squat on both feet
	3	Rise (if you can) on RF while bringing free LF up in front, L-Knee bent.
	5	Pause
10	1	Facing center, squat on both feet
	3	Rise (if you can) on LF while bringing free RF up in front, R-Knee bent.
	5	Pause

chukche* - a hop where the hopping foot doesn't leave the ground, a bounce.