

ZIGOS
(Turkish)

Source: This dance, from Kirklareli, a Thracian town on the Bulgarian border, was learned by Bora Özkök from Mehmet Ertürk in Ankara, 1974.

Record: ÇARIK 101, side II, band 3

Formation: Men and women in one line or several lines around a circle, shoulder hold

Styling: The first part of this dance is very slow, deliberate, and with pauses, danced to the rhythm of the davul; after a while, the tempo picks up speed and the steps done in the slow part are modified to give the fast part a gliding effect.

Time: 9/8

Measure	Ct	Description
<u>INTRODUCTION</u>		
		The zurna plays a brief musical interlude as dancers stand in shoulder-hold formation, waiting for the first beat of the davul (drum). The dance begins on the first drum-beat with a slow, 3-count introduction (these 3 counts may be considered as "upbeats" and will be counted as cts 7,8,9)
7		Facing diag LOD and travelling LOD, stamp on R, taking wt, as L ft is lifted behind body, L knee flexed
8		L ft swings fwd in an arc, diag. LOD, brushing the floor and then swinging upward in front of R until thigh is horizontal, L knee and ankle flexed 90°
9		Still maintaining this raised-flexed position of L leg, flex R knee slightly while sharply twisting hips twd R (this causes the entire L leg to rotate outward)
<u>FIGURE I. SLOW PART</u>		
1	1	Turning to face ctr, step L fwd toward ctr and immediately raise to ball of L ft while bringing R ft up next to L knee (not quite touching), R toe pointing down, R knee flexed and pointing diag. LOD
	2	Hold (ct 2), facing diag LOD again and travelling LOD, bounce on ball of L ft and then touch R toe to R, knees straight (ct &)
	3	Step on R where placed, flexing both knees (ct 3), rise onto ball of R ft while touching L toe across in front of R to R, straightening both knees (ct &)
	4	Step on L where placed, flexing both knees (ct 4), rise on ball of L ft while placing R toe to R, straightening both knees (ct &)
	5	Step onto entire R ft where placed, flexing knees, and then immediately rise onto ball of R ft, while bringing L ft up next to R knee (not quite touching), L toe pointing down, L knee flexed facing diag LOD.
	6	Hold (ct 6), bounce on R and then touch L toe fwd in front of R (ct &)
	7	Step fully on L where placed, as R ft is lifted behind body, R knee flexed

(continued)

ZIGOS (continued)

Measure	Description
8	R ft swings fwd in an arc, diag LOD, brushing the floor, and then swinging upward until thigh is horizontal, R knee and angle flexed 90°
9	Repeat ct 9 of Introduction, using opposite footwork and direction
2	1 Still facing diag LOD, step R to R and immediately rise up on ball of R ft while bringing L ft up next to R knee as in ct 5 of measure 1
	2 Hold (ct 2), bounce on R, and then place L toe across in front of R to R, straightening both knees (ct &)
	3 Step fully onto L where placed, flexing knees (ct 3), rise onto ball of L ft while touching R toe to R, straightening both knees (ct &)
	4 Step fully onto R where placed, flexing knees (ct 4), rise onto ball of R ft, while placing L toe across in front of R to R, straightening both knees (ct &)
	5 Step fully onto L where placed, flexing knees, and immediately rise up onto ball of L ft while bringing R ft up next to L knee as in ct 5 of measure 1, using opposite footwork
	6 Hold (ct 6), bounce on L and then touch R toe to R (ct &)
	7 Step fully onto R where placed as L ft is lifted behind body, L knee flexed
8-9	Repeat cts 8-9 of Introduction

Repeat measures 1-2 until music speeds up, at which time the above steps are modified.

FIGURE II. FAST PART

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| 1 | 1 Facing ctr, glide on L twd ctr (this means to step heavily, with a dip, flexing both knees), and begin a hop on L as you lift R up next to L ankle, R toe pointing down |
| | 2 Complete hop, coming down onto L |
| | 3 Turning to face diag LOD and travelling LOD, one running step on R |
| | 4 One running step L |
| | 5 One running step R and begin a hop on R, lifting L ft up next to R ankle, L toe pointing down |
| | 6 Complete hop coming down onto R |
| | 7 Leap onto L as you flex R knee 90° behind body |
| | 8 Kick R ft fwd, brushing floor |
| | 9 Keeping R ft lifted in front of body, hop on L as you flex R knee and ankle 90° and rotate R leg outward |
| 2 | 1 Glide on R ft twd LOD (see ct 1 of measure 1) and begin a hop on R as you lift L ft up next to R ankle, L toe pointing down |
| | 2 Complete hop, coming down on R |

(continued)

ZIGOS (concluded)

Measure	Description
3	Still moving LOD, run L
4	Run R
5	Run L and begin hop on L, lifting R ft up next to L ankle, R toe pointing down
6	Complete hop as you come down onto L
7	Leap onto R flexing L knee 90° behind body
8	Kick L ft fwd, brushing floor
9	Keeping L ft lifted in front of body, hop on R as you flex L knee and ankle 90° and rotate L leg outward

Repeat measures 1-2 of Fast Part until music ends. On last beat of the dance, which is ct 9 of measure 2, instead of keeping L leg raised after the kick in ct 8, dancer turns to face ctr and touches L heel on floor toward ctr.

Presented by Bora Özkök