

ZIZAJ NANE

Зизај Нане
(Bulgaria - Šopluk)

Typical variations of the Dajcovo Horo popular in West Bulgaria (Šopluk) and East Serbia. This dance is also known under various other names such as *Lile Lile*, *Ile Ile*, and *Târno Mome*. These variations were learned from Michel Cartier who learned them in Bulgaria in 1958.

Pronunciation: ZEE-zeye NAH-neh
Music: Yves Moreau CD:BMA-CA-2001
Rhythm: 9/8 meter, counted here as 1-2, 1-2, 1-2, 1-2-3 or 1,2,3,4 or quick-quick-quick-slow
Formation: Mixed open circle or line. Face ctr, wt on L. Hands joined down in "V" pos (down at sides)
Style: Light and bouncy

Meter: 9/8	Pattern
1-8	INTRODUCTION. No action
	1. Basic (also chorus step between figures) «Dajčovo»
1	Hop on L, raising R knee high (1) three steps in place R-L-R (2,3,4)
2	Repeat pattern of meas 1, with reverse ftwrk
3-4	Repeat pattern of meas 1-2
5-8	Repeat pattern of meas 1-4, four more times
	Note: Arms swing freely fwd & back in this figure
	2. Stamps «Čukni Nane»
1	Wt on L, lean body to L and stamp R ft 4 times, next to L (1,2,3,4)
2	Repeat pattern of meas 1, Fig. 1 (basic step)
3-4	Repeat pattern of meas 1-2 with reverse ftwrk
5-8	Repeat pattern of meas. 1-4
	3. Forward + Stamps «Četri napred, četri cukni»
1	Facing ctr and leaning upper body fwd, step fwd on R in front of L (1) sharp flat step in place on L (2) step back on R ft (3) step on L in place (4)
2-4	Repeat pattern of meas 1, three more times
5-8	Repeat pattern of meas 1-4, Fig. 2
	Note: after this figure, basic step is done moving bkwd, back to place
	4. Describing "circle" or "wave" «Lulaj Nane»
1-8	Describe eight (8) basic <i>Dajcovo</i> steps (Fig. 1) but using large steps and travelling fwd on meas 1, moving R of ctr on meas 2, diag bkwd R on meas 3, and moving sdwd L on meas 4 (returning to starting point).
	5. Right foot on left knee «Desna noga na koleno»
1	Place R ft on top (or in front) of L knee and twist it to L (1,2) twist it out to R (3,4)
2	Repeat pattern of meas 1
3-4	Repeat pattern of meas 1-2, Fig. 1 (basic <i>Dajcovo</i>)
5-8	Repeat pattern of meas 1-4

Meter: 9/8	Pattern
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6. Right foot behind left knee «Desna noga zad koleno»

- 1 Place R ft behind L knee and twist it out to R (1,2) twist it across to L (3,4)
- 2 Repeat pattern of meas 1
- 3-4 Repeat pattern of meas 1-2, Fig. 1 (basic *Dajcovo*)
- 5-8 Repeat pattern of meas 1-4

7. Touch and brush «Zizaj Nane»

- 1 Wt on L and turning to face L, touch ball of R ft sharply (1) pause (2) facing ctr, "kick-brush" R ft fwd, straight leg (3) pause (4)
- 2 Do one basic *Dajcovo* step (Fig. 1)
- 3-4 Repeat pattern of meas 1-2, with reverse ftwrk
- 5-8 Repeat pattern of meas 1-4

8. "Digging" heels «Kopaj Nane»

- 1 Facing ctr, wt on L, hop on L (1) step on R in place (2) step on L in place (3) extend R leg out diag fwd, straight knee, and tap R heel sharply on ground (4)
- 2 Three steps in place R-L-R (1,3) extend L leg out diag fwd and touch heel as in previous measure
- 3 Repeat pattern of meas 2 with reverse ftwrk
- 4 Repeat pattern of meas repeat pattern of meas 4
- 5-8 Do 4 meas of *Dajcovo* steps (but starting on the R ft)
- 9-12 Repeat pattern of meas 1-4, with opp ftwrk

Note: Leader calls figures at will. Number of basic steps between figures can vary from 4 to 8 . If there is music left, sequence repeats from beginning until end of music

Calls: (L= leader; D = dancers)

- 1. Leader: *Dajčovo* (optional call)
- 2. (L): Čukni nane! (D): Čukam, čukam! (L): Asegade! (D): Ajde Nane !
- 3. (L) Čctri napred, cctri čukni! Asegade! (D): Ajde Nane!
- 4. (L) Lulaj Nane! (D) Lulam, lulam! (L): Asegade! (D): Ajde Nane !
- 5. (L) Desna noga na koleno! Asegade! (D): Ajde Nane!
- 6. (L) Desna noga zad koleno! Asegade! (D): Ajde Nane!
- 7. (L): Zizaj nane! (D): Zizam, Zizam! (L): Asegade! (D): Ajde Nane !
- 8. (L): Kopaj nane! (D): Kopam, Kopam! (L): Asegade! (D): Ajde Nane !

Presented by Yves Moreau