

Zonaradhikos

(Thrace)

The Zonaradhikos is the most common line dance of Greek Thrace. There are several variants of the Zonaradhikos (or Zounaradh'kous, Znarakia, etc.) depending on the region of Thrace the dance is from. This particular one comes from the Didymotichon region of West Thrace (Evros County). The name comes from the word "zonari" meaning sash (or belt) because of the use of the belt-hold during the dance, although today the shoulderhold is more common. As learned from inhabitants of Kyani village (Theodore and Peristera Kekes, etc.)

Pronunciation: zoh-nah-RAH-dee-kohs

Music: Graziosi - Asia Tape; Greek Folkdances Summer 89 Side B/9;
Greek Folkdances Stockton 89 Side B/7.

6/8 meter

Formation: Open circle, belt hold or cross-arm hold; or M in front end of line shldr hold, W at back end with belt hold.

Meas

Pattern

I. "APLO" BASIC.

- 1 Step R to R (ct 1); step L in front of R (ct 2).
- 2 Step R to R (ct 1); hold on R but begin to move L behind R (ct 2).
- 3 Step L back behind R (ct 1); hold on L, lifting R slightly (ct 2).

II. "MESA KI' EXO".

- 1 Moving diag R into ctr of circle, step R fwd (ct 1); step L fwd (ct 2).
 - 2 Step R fwd (or jump onto both ft fwd)(ct 1); hop on R, lifting L behind (ct 2).
 - 3 Step L fwd (ct 1); stamp R next to L (ct 2).
 - 4 Turning to face slightly L of ctr, moving diag out of circle, step R bkwd (ct 1); step L bkwd (ct 2).
 - 5 Step R bkwd (ct 1); lift and swing L gently fwd (ct 2).
 - 6 Step L bkwd and slightly behind R (ct 1); lift and swing R ft gently fwd, facing slightly R of ctr (ct 2).
- Note: Variation meas 3: step L fwd (ct 1); step R next to L (ct &); step L fwd (ct 2).

III. "K'LOURIASTO" SPIRALLING.

- 1-6 A. W's part or end half of line: same action as meas 1-6 of Part II above.
- B. M's part or front end of line: introductory step done by leader (or first 2-3) only.
 - (1) Step R fwd, facing LOD R (ct 1); step L fwd (ct 2).
 - (2) Step R fwd (ct 1); step L next to R kicking R out (ct 2).
 - (3-4) Repeat meas 2 twice.
 - (5) Step R fwd (ct 1); hop on R, lifting L off ground (ct 2).
 - (6) Facing direction leader wishes to drag line, step L fwd (ct 1); hop on L (ct 2).

III. "K'LOURIASTO" REGULAR.

- 1 Facing LOD, step R fwd (ct 1); step L fwd (ct 2).
 - 2 Step R fwd (ct 1); hop on R, lifting L off ground (ct 2).
 - 3 Step L fwd (ct 1); hop on L, lifting R off ground (ct 2).
- Note: The leader drags the line in repeating spiral formations fwd and bkwd from the ctr of circle, (creating his own circle) occasionally repeating intro step moving fwd.

Presented by Joe Kaloyanides Graziosi